



WEWOLOGETICS

Forward by:

Calthazar Mantanaru

Forward

By Calthazar Mantanaru

Are you plagued by self-doubt, depression, anxiety, nervousness, sleepless nights, malingering, inefficient libido, and/or lower eyelid spasms?

If this describes you, please continue. For millenniums, (some) men have roamed and conquered the 'globe', rising up from our reptilian ancestors to no longer be at the wills and whims of a cold and uncaring ball of rocks, hurling through space at 225km/s around the galactic core... depending on who you ask. They say there is an unfathomably massive object swallowing light and matter, shredding and ejecting all that doesn't fall to the perdition of its "black hole" into a jet-stream of world ending plasma and x-ray radiation, holding our galaxy together, not unlike the massive black hole that is tearing your life apart.

You may be asking yourself, "Why is this happening to me? I have made some mistakes, and I have nowhere to run. The night goes on, as I'm fading away. I'm SICK of this life. I just want to scream."

OR

"What are you talking about? My life isn't shit like that last guy." Well, it probably is, but you're too close to the situation to accurately assess this. As I alluded to, why hasn't the galaxy fallen into this super-massive unconquerable terror?

How is it that it persists, where you can't?

The ancient peoples built pyramids to channel energy around the earth during the golden age of the cycle. They knew that the higher dimensional thoughts, that gave them the intelligence to create such masterful constructions, would fade as we humans barreled through the silver and bronze ages of thought... landing us squarely into the middle of the dark age, or Iron Age. We recently bottomed out the scales and the silver-lining is that it's finally looking up. They hoped their structures would extend the golden age just a little longer for the good of us all, but even the strongest creations of man fall to the crippling effects of time. These structures' potency diminished over ten thousand years, leaving just a monument to a long forgotten past.

In these darkest times, we need to shine the light, (*shine the light*) like a mental beacon only achieved through giving into holistic transcendence. It is becoming easier to find the truth but those who advocate for the lower dimensions of thought are stronger than ever. Wewologetics has been the most comprehensive introductory body of work for enlightenment I have seen to date. Kahtu Hall will be acquiring the collection in a way that redefines immediacy.

Do yourself a favor...

Calthazar Mantanaru, Chalgerean Vinzer, Treasurer of The Kahtu League

www.wewologetics.net

This page is intentionally left blank... for some reason. Real books do this so I added it.

LEVEL 1

TO ACHIEVE CLARITY OF THOUGHT AND SOUNDNESS OF MIND

Wewologetics Introduction

Clear thinking is fundamental to mental elevation. One must create a unified theory of the self from a logically consistent ethos and well defined personal boundaries. In other words, who are you and what do you believe? Do these things reflect reality? Do your beliefs reside in conflict with themselves? What if you were to find out there was an external concerted effort to generate dissonance within the self to limit and stunt the mind?

How do we achieve these goals to ascend to the next level? When are we going to start snagging dimes and catching fat pay checks? Why the hell does any of this matter? Well, it is simple. Patience is a virtue, young дpyг; the foundation is the most important aspect of any construction project, and, fortunately you are going to have an *extra thicc* foundation to build this tower. I know what you are thinking... "That guy on the YouTube commercial, the one in the pool, said there is only one thing that drives women away and he'll teach me for free in a 15 minute seminar!"

Are you hearing yourself right now? Is that how you got roped into a timeshare in Palm Springs just to find out it isn't even on the water? By the time you buy into that guy, you will be getting told that the reason you can't get chicks is because you're a creep that is focusing too much on "getting a date" and too little on bettering yourself, setting goals, and having aspirations; all of which make you a more attractive person. No one wants to shack up with a loser with a huge unmerited ego and nothing going for them. By the time you learn that, you either trick yourself into thinking he's a genius for telling you common sense, or you pretend you didn't just waste 60 dollars on the [NOTFREE] seminar and his book.

Level 1 will unpack why you are so jammed up. It all starts in your head. It is all in your head. But, it is important to mention that the brain and body are very much connected. You are one unit. Your brain, especially the subconscious one, innervates your entire body (literally). Your conscious thought-space is not some isolated chamber set apart from the meat-bag you hump around. I will ask you questions, and you will answer them. Hopefully, they will elucidate specific problem areas and perhaps areas that are doing well.

Preliminary Questions:

This segment will have you answering questions that are intended to put into focus the things you do. The goal is to reflect on things that you might take for granted or be routine. One of the issues in life is many of our problems stem from behaviors that do not take much conscious effort and therefore fly under the radar. Please, use a loose leaf if the space provided is insufficient. Feel free to skip or partially complete answers, you can always come back to elaborate.

1. How is your sleep?
2. Do you have dreams at night, and if so, how vividly do you remember them?
3. What is your sleep schedule?
4. After you decide to get out of bed, what is the absolute first thing you do?
5. How would you scale your personal hygiene from 1 to 10?
6. Do you eat breakfast?
7. Are you employed, and if so, what do you do on a typical day?
8. If you are not employed, is that a problem for you?
9. If you answered yes to question 7, on a scale from 1 to 10, how happy are you with your work?
10. If you answered below 5, what is your favorite thing about your job?
11. If question 8 was applicable for you, what is your typical day like?
12. What is your boss like? Write a minimum of 100 words.
13. Are you a GloboGym member, or Average Joes?
14. If you answered "Neither, but probably Average Joes", what is your height and weight?
15. Do you drink alcohol?
16. How many folders from the C Drive is the folder where you keep all your degenerate anime pictures?
17. Do you use something other than Windows for an operating system? If you asked yourself, "what is an operating system?" you use Windows 10.
18. Do you purchase games while in "Alpha"?
19. How would you rate your internet usage, on a scale from none to all waking hours?
20. Do you use Facebook, or other social media websites?
21. Do you find yourself jealous of "Facebook friends" over the content they post?
22. Do you run a YouTube vlog channel, and was that how you answered question 7?
23. Could you find the length of a hypotenuse, if given lengths of the sides, without using google?
24. How many times to you reference an internet meme in the day?
25. If you skipped that last question because that was too hard to calculate, what about in your average conversation?
26. Do you have cable or dish TV?
27. How long do you watch TV in a day or week?
28. "I think that television is mostly honest broadcasting meant for entertainment and information on current events", would you agree or disagree to this statement?
29. Do you have a car?
30. Where is your bedroom in relation to the main entrance to the building?
31. What kind of outside activities do you do?
32. Regarding YouTube, what is your primary use of it?
33. What would be your favorite types of content other than music videos?
34. At what age did you have your own personal computer? One that was solely yours, and not a family computer that you were the only one using.
35. What was the first PC game you played?
36. What was your first "favorite" PC game?
37. Do you own consoles?

38. LEGO, Megablox or K'nex?
39. Were you bullied in high school?
40. With regard to question 38, have you played Minecraft?
41. With regard to question 39, do you like Roblox?

Start at the bottom

So, were some of those questions difficult to answer? The aimless meandering that we do in life isn't because we're *really* sad and pathetic, it is just a sad consequence of not having a direction in life. If you aren't going anywhere, you will not get anywhere. Only few people are so lucky as to find happiness and fulfillment by chance, stumbling on it like some Mr. Magoo. Many successful people are just Mr. Magoos that have no idea how they got where they are, and usually like to brag that it was because of how smart they are. Not that there are not those who earned success; it is just that they seem to be the people who are the loudest about it. All this 'having direction' talk isn't even the bottom, to be honest. The bottom of this tower starts at knowing yourself. This arduous task is cumbersome and tedious. I don't know all about you, *specifically*. You are going to have to go at that alone. Your key word is, "Examine". As we excavate this swampy quagmire of a building site you call an existence, I will provide guidance, equipment and blueprints, but tools can't work on their own, plans don't build themselves. You aren't going to get the Cheeto dust off of the carpet in your living room if you have a vacuum sitting in your closet. You have to get it out, turn it on and start pushing that crusty old girl.

What tools do we need? What blueprints? "This doesn't have anything to do with females, Bro." Sure, not yet. Trust the process. You have to build a tall tower to get to your goal. If you have a weak-ass foundation, it will just tip over every time. Speaking of building a tower, wouldn't that be found in the blueprints? Yes. Yes, it would. Just like any building project, you have to know what you want it to look like and what its function will be.

"Put into view the desires of your labors, and construct thusly." –Demetrius Peptovich

Everything revolves around your desired goal. You need to create a blueprint that will satisfy your goals, and with that blueprint, you will decide what tools and construction methods would be required. For example, let's say you are trying to become physically fit: What is it you are trying to accomplish? Do you want to look like Arnold Schwarzenegger? Body building is all about aesthetic and your training will reflect that. Or, do you want to be Bear Mode and win strong man competitions? Personally, I prefer the Bear Mode route so I can eat whole pizzas and live in a state of permabulk. I want to warn you that this is not conducive to the dating scene because women will think you have abs if you are skinny, and that's basically all they care about. I have no dating aspirations since I have already completed my biological imperative quest line, and let me tell you, I had skinny abs through that quest chain. It is the easy spec. Our goals guide our methods. You wouldn't look like Arnold if you plan on only jogging a few times a week and not have a garbage diet, however, you probably won't be a fat mess if you did that.

Set your goal, and then start planning. Meanwhile, you need to be digging that swamp up so you can have a nice place to construct your foundation. This process is two pronged. My advice would be to start digging. You will find good and bad things about yourself that you will have to work with, and how you deal with them and what you find might change your goals for the better. In that process of upheaval, you might come to find a new goal worth striving for.

Digging a Hole

Your shovel is asking questions and the slimy, putrid silt is your mind and the bedrock is a coherent identity. There is no point in digging if you don't go down to some solid ground. In order to start at the bottom, you have to actually get to the bottom. So what's this crap about a coherent identity? It is what you know about yourself that is in harmony with cosmic truths. It's about detecting dissonance with your core beliefs by removing beliefs that do not stand up scrutiny from reality. A simple example: You believe to be a very talented guitarist. But, you aren't actually talented; you just know a few things that, on the surface, may sound impressive. You may have tricked yourself, or are attempting to trick others, into thinking you are what you are not. There is a major problem in either case. To claim to be talented is to wing clip your ability to get better because you have decided that you are "good enough". The second case includes that, plus the added misery of knowing you aren't as good as you say and that leads to an aggressive charade and refusal to seek aid. The former is arguably better because you aren't actively seeking to hide your shortcomings and, with the revelation, you may accept reality. Then, will you have the ability to correct and progress.

The process of accepting the reality that *you* are the source of your iniquities is the start of digging a solid foundation. In the case of you being a hopeless Incel, what are *you* doing? That's what you are trying to figure out, right? "Why can't I make people like me?" or more accurately, "Why aren't girls tugging on my wiener?" Well, have you ever tried to be likable instead? "Just be yourself" doesn't work. It is a tired meme that relies on you already having a good foundation. The major point, however, is to not pretend to be someone you aren't because they will just like the act, and not the actor.

Protip: If you think everyone is an asshole, maybe *you* are the asshole?

Over time you will get to the bottom of these issues. Detecting and understanding these problems is the only way you are going to purposefully find a correction, but remember that a correction needs a purpose. If you "evolution" it, it will take far too long to find a superior mode. With direction, you can intelligently design your solutions.

Building the Foundation

As I mentioned earlier, this is a two pronged approach. When you detect a deficiency (or a surplus), like realizing you aren't good at the guitar from earlier, you need to make a decision. Why do you play in the first place, to pick up sorority girls at a house party? If that's the case, you are probably on the right track on the talent aspect. This strategy relies on only playing briefly. Better yet, do not have one on hand at all. My point is, you don't have to be good at *guitar*, just don't lie to yourself.

This process of examination and correction will take a good deal of humbleness. It isn't fun to realize that you're a loser, even if you aren't that big of a loser. But once you accept that, you can focus on being a winner. Is your pride so precious that you will survive your existence a loser and die alone?

All this is hinged on deciding that you want to be the best version of yourself. If you are okay with living in mental filth, and probably actual filth, there is not much I can do for you. I will say that if you are afraid of losing what you have, you will be losing what you have.

"If you are afraid of losing scraps to get a place at the table, you're going to starve." –Demetrius Peptovich

I cannot be very specific about how to go about building a foundation as much of it is situational based on your vision. However, there are aspects that are true for everyone. You must be honest with yourself. You need to constantly inventory your beliefs on the backdrop of reality and sound logical process. For example, do you believe something to be true *just because someone told you* that it was true? Why did they tell you this "truth"? What is their evidence? Don't disregard intuitive truth, though. It isn't good to spend all day left-brained. You shouldn't blindly trust someone, verify. This is especially true for someone of whose motives you are completely unaware.

Propaganda

A person with a solid foundation will know that propaganda is everywhere, and will put it up to rigorous scrutiny when encountering it. Over time, you will develop a keen sense of propaganda as you develop your person. I want it to be known that just because something is propaganda, doesn't mean it is 100% false. Indeed, many things that are propaganda are false; however, effective propaganda uses honest facts to its benefit. The most effective propaganda is that which is built entirely on "fact" but framed completely in manipulative deception.

The purpose of the propagandist is to deliver a meaning that is not subject to interpretation. This is the difference between propaganda and art. If something is constructed in such a way to diminish an observer's ability to interpret meaning, or presented in an environment where there is one dominant "acceptable" interpretation, that something is propaganda. If this is happening regularly, you are being targeted for brainwashing. The endgame of a propagandist is to align your thoughts with their desired thoughts. Note: the propagandist isn't always trying to align you with *them*, but you with their purpose. This is sometimes one in the same. Specifically, if the goal of the propagandist is to promote self-destructive (usually the case) behavior, they likely aren't aware of its destructive nature *and* a believer.

Why do I bring up this topic in the first place? Well, I am willing to bet that there are negative things in your life because you believe in a falsehood promoted by a propagandist to perpetuate destructive behavior. The spooky part is that, often, this propagandist is *you*. It is you who's trying to justify or make excuses for engaging in something to avoid psychological pain. Whatever the source of propaganda, it is important to refuse to trust information without verification.

"A message has a motive; that motive renders the true message." –Demetrius Peptovich

The folly of those ungrounded in a sense of self is that uncanny susceptibility to propaganda. A message of persecution or awful luck is sweet music to the loser. The ability to heave all of your shortcomings on a mysterious other that is hell-bent on making your life miserable is incredibly psychologically pleasing. You see, *you're* not poor because you waste your money of frivolous things and your time on meaningless amusement. You are poor because all those successful people are hoarding all that wealth for themselves, and if only *they* weren't so greedy... See how nice that sounds?

Crabs in a Bucket

To elaborate on that last point, and to change the subject, those others that are supposedly keeping you down are actually a real phenomenon. But they are not those "above" you, but those around you and "below" you. Everyone has heard about this concept, so to go directly to the point: envious people only pull down, not push down. I call these people, "Crab people". They are worthless and you need to identify these crab people and cut them out of your life. A crab person is a hater; they will demean you and subvert you in any chance they get any time you try to climb up above where they are, or where they want you. These crab people are lazy, parasitic trash. The reason why they are so pissed off about people being successful, especially when that someone came from similar circumstances, is it forces them to admit that it was their own actions that kept them a loser. Your mere existence shatters their victim complex. Because of this, they will lash out at successfulness. To them, you are someone who had cheated, stole, got help or is somehow lying about it. They are so sure in themselves that the only reason why they aren't living in a mansion is because they are the victim of you-name-it and will feed you excuse after excuse on why they can't. They are always negative. Detect these people and ghost, seriously.

Okay, now what?

Propaganda is all around you, trying to get you to subscribe to retarded ideas. There are crab people trying to hold you down because they are lazy jealous losers, or worse. Your mind is full of stupid slimy bullshit that you need to get rid of and replace with sound thoughts. How can you survive this onslaught of negativity? What you're going to need to do is not let all this crap get to you, to transcend.

"But, bud... words hurt! When someone tells me I'll never make it and I'm not talented, or smart. And, that no one likes me. I get bummed out and unmotivated. What if they are right?"

Guess what? They are crab people. Just say, "no u" and forget about them. Why do their words hurt you? Who gives a shit what a garbage loser thinks? I sure don't. If what they say about you affects you: that means you do not have a strong self-identity. It must mean you think it's true. Well, is it? If you know it isn't true, say, "sweet, bro", give them a thumbs-up, do a 360 and moonwalk away. Don't let crab people hold you down. This is all a process, my dude(tte). Sure, maybe you haven't figured out everything and are still digging that foundation. This is called progress. You can't expect to figure everything out by the time you finish reading this. If you can, well, that's great. You probably missed something or are lying to yourself. *Don't lie to yourself*. That is the opposite of digging a big wonderful foundation for your tower.

The following segments are topics that are of importance to the young acolyte that is on the path of transcendence. These aren't in any particular order, based on importance. These will pertain to our framework of digging the hole, and building the foundation. In later levels, there will be expansions on some of these topics as well as literal next level information that will help you to start building your tower. "Why not just include them in here?" You are not ready.

Wewologetics Topics

Addiction

Addiction is fairly broad. Addiction is a behavior that removes agency from an individual. Usually addiction is talked about in the non-ascended as some "outside" force that besets the addict and they are in constant struggle. This isn't accurate. There are two types of addiction that work in tandem, Physiological and Psychological. In some situations, the chemical dependence is very strong and dangerous, such as Heroin. What I mean is a heroin addict quitting cold turkey will go through a very violent and uncomfortable withdrawal that could kill them. Alcohol is another addiction where a very heavy drinker could have seizures and die if they were to quit cold turkey. Don't worry; even if you believe yourself to be an alcoholic, this is a concern for people downing quarts of booze every day. If this is you, seriously, there are those who care about you. Seek help, and keep reading because I am here to help. And in the next section, I'll focus only on Alcohol. And, as a Wisconsinite, I know a thing or two about that.

I need to mention physiological dependence first since I want to make clear that this dependence is not made up, or "in your head". However, it is not the only component to addiction and the other type can be just as dangerous. Physiological dependence can be overcome without a whole lot of will power. I'm going to use Tobacco addiction as an example. Nicotine's chemical dependence is roughly a week long. That is, if you smoke cigarettes and stop cold turkey, your brain will be more or less "back to normal" in a week. So why the hell is it so hard for some people to quit smoking? Just an aside, if you smoke tobacco, this is not an indictment. We all know it's not exactly good for you, but neither is being overweight, and yet our culture has no problem with that. To be candid, I smoked cigarettes in the army and I can say I still like chew tobacco although I don't buy it much anymore. Why I didn't get addicted to cigarettes is the same phenomenon that many people can't seem to quit, *when they want to*.

You aren't "addicted" to nicotine after a week, right? Then why can't people stop? You made it a habit. This is a critical change in perspective that you need to understand. The *cigarettes* aren't the problem. They are just rolled up tobacco shreds. They don't care if you smoke them or not. **You** are the one smoking them. Smoking is habitual and therefore if you want any hope to stop, you must break the habit. Breaking the habit is going to require a change in attitude. It's not usually good enough to just will power it. This is the core of the Addiction Question. Come to believe in your heart that being addicted to something means that you are no longer in control of your life. This is weakness. Don't get mad at me yet, because just like your body, you are always weak before you are strong. Want to bench two plates, or three? You will never be strong if you do not correctly identify your weaknesses and work to

make them strengths. Skip leg day every week? What are you, a coward? Don't want to do a squat? Are you afraid to look like a weak bitch because you can't throw up two plates? I don't even work out and I can do that. You will be treated to many weightlifting allegories in your time with me, as well as (some) real weightlifting stuff. Buckle up, were just getting started.

Addiction is weakness. Deal with it. How? Well, it's about deciding in your heart that **you** are in control and, in the example of cigarettes, whenever you crave one you examine those cravings. Why do you want one, because it is "time" for one? Is it because you have a headache? Because you are out with the boys and you're chillin' by the pool, and your boy is like, "yo, wanna smoke?" If you have decided that you want to stop, take a stand, especially around people. If your friend is truly a friend and you told them you want to stop smoking, guess what? Even if they smoke, I guarantee they are going to say, "Oh, yeah, I will support you in this." A true bro will support your rational decisions. A Crab person will try to peer pressure you into doing something. This is my second point: Find support. The transcended mind knows when to get a spotter.

Alcohol

As I mentioned earlier, I'm a native Wisconsinite, and I will never, on my own accord, leave this beautiful state. To be more specific, I'm a southeastern Wisconsinite, which is a bit different than your Steven's pointers and north. This region is from the Madison to Milwaukee (pronounced mah-WAH-kee) and south. So, Minnesota and yoopers have more in common with Northerners, and the FIBs are more like us, even though those douchebags should stay below the 45th parallel, if you know what I mean. (It's a joke, get over it.) Thinking about Wisconsin makes me tear up a little bit, to be honest. The greater Milwaukee area is quite a place. Anyway, my second favorite drink is probably a decent whiskey on ice. Whiskey is a broad category that includes a few decent types that are for different palates. Personally, I enjoy bourbon for the harsh smoky flavor. This doesn't mean I can't appreciate other types. I never ice down anything over 15 years old, but lucky for me, bourbon is rarely that aged.

When selecting a whiskey, always factor in the price when you are looking for a flavor to relax with. Beer falls into this category as well. (Matter of fact, everything is a price/quality calculation) I've been at this for a while, and I have found that Ezra Brooks is the best Kentucky sour for the price and at a measly 12 dollars a quart, you cannot go wrong. I don't usually make cocktails because most of them have sugar in them and miss me with that gut rot, but if you do, diluting out a 12 dollar bottle of whiskey isn't going to make God sad. Going back to price, do not worry about it at all when looking for something to share with friends. If you are looking at a bottle that is over a hundred dollars, and haven't tried it, just do it. Please, classy your shit up, guys. Also, you should invest in a decent set of tumblers and a decanter. Don't pour a hundred dollar bottle of scotch into a Dixie cup, you savage.

My favorite drink is a brandy old fashioned sweet. This is also the Wisconsin State Drink. Look it up. Anyone that tells you different is a liar, and probably from Illinois. This shit is as standard as a tap beer, guy. And, if you have a problem with Korbelt, I have a problem with you. "You said you don't like sugary mixers. What?" No, I *like* mixers just fine. If you're hanging out with da boyce and you're trying to play bags while tailgating on 90 degree day outside of Miller Park, are you going to be sipping your

damn 10% ABV micro brewed stouts talking about how flavorful it is? No. You aren't. Do you want diarrhea before a Brewers game? Good luck holding that while in line for the porta-john. While you are blowing your ass out, your guys are having a great time grilling brats and tossing bags and drinking up their 30 pack of light beer while chatting with some girls from a tailgate across the lane. Besides, I'm not trying to get wasted at 9 am. Same deal with sugary mixers.

I think I was going to elaborate on alcoholism. Well, here we go. People who drink a lot aren't alcoholics, and people who don't drink a lot aren't *not* alcoholics. Alcoholism isn't on the volume or the frequency per se, but it usually positively correlated. Back in college, I drank alcohol basically every day. Was I an alcoholic? No. I had a friend in the army who only drank on Saturday nights, but would get completely wasted. Well, one fateful day, he did exactly that and wound up in prison for vehicular manslaughter. He was the type of person that could not stop when he should. Binge alcoholism and now someone is dead.

An alcoholic is someone who is using alcohol as a form of escapism. This is like an addiction. Hiding from your problems in the form of being drunk is cowardly weakness. A person that has a strong foundation will not run from pain, but will see it head on and conquer it. Trying to escape pain in this world is like trying to defy gravity. It is always there, and you may cheat it for a little while, but when your system inevitably fails, you will come crashing down. Someday soon, or someday later, it will happen. Transcendence overcomes pain by embracing pain. In the army, we were taught the saying, "Embrace the suck". I whole-heartedly agree.

"If you get married to *pain*, you will never be alone." –Demetrius Peptovich

Pornography

Porn makes you a virtual cuckold by masturbating to another man being biologically successful with a desirable partner (presumably an avatar of one you desire to be partners with) therefore very aggressively training to diminish yourself and to concede biological defeat. Obviously, this affects people in different degrees and the mind frame still plays a role, but this happens regardless. The real topic at hand is the sexualization of the self. This will be a good primer for the next section, not to get ahead of myself. I'm not some authoritarian, so I'm not going to tell you how to live your life, but at least opt for POV stuff. The framing of Voyeurism is a huge problem aside from the actual content. A transcended person, in this context A Man, doesn't watch porn because they are reversing sexualization. Sexualization of the Self derails the ability to elevate the consciousness beyond the primal. Sex is a lizard and monkey brain meme.

Masturbation is the epitome of idleness and meaningless short-term thinking, aside any other psychological damage. Going with my theme, if you are addicted to it, you need to stop. As with substance abuse, if you find yourself "needing" to do it, you *need* to stop. I think that what you masturbate to is as important as if you do and how often. Do you find yourself watching progressively intense scenes? This is usually an uncomfortable topic but it's important to assess this activity and make sure you have at least not formed a habit.

This activity tends to cheapen sex and relationships that include it, as well as creating unrealistic expectations. Just to touch on unrealistic expectations, as with other types of fiction; these productions are not accurately displaying reality. Usually, they are targeting a heterosexual male audience. There is any different kind of porn you can think of. That is a rule. The most common is that which appeals to straight dudes. I don't necessarily believe there is some grand conspiracy of the porn industry to "destroy" males. But there *could* be. There *might* be. It would seem that way, but the porn industry is trying to make money selling recordings of the oldest profession. They are like any other business, in that sense. They are developing their understanding of their audience and giving them what they want. Do they have the responsibility on damage it causes? No. They don't, and neither does the tobacco industry on the negative effects of smoking cigarettes. Do spoons, plates and cups make you fat? We are talking about *internal locus of control and self-responsibility*. There are other intrinsically awful things about that industry. We are just focusing on the self.

The male porn gets put on blast all day. It would seem that only men are indulging in unrealistic sexual fantasy. I maintain that women also indulge in unrealistic sexual fantasy and it is widely acceptable, and promoted in entertainment. I'll leave it up to you to think about what true female "porn" is. Hint: It isn't as *black and white* as male porn tends to be.

Hobbies

Get a hobby instead of jerking off all day. I'm willing to bet that you do not make a living jerking off, and probably spend money because of it. To spend money on an internet THOT is so much more pathetic than to buy drinks for a THOT at a bar; stop it. You are free to spend your money how you want; I guess... this is America, after all. Guys, wouldn't you rather spend it on a cool hobby? Girls as well, this is for both. To women reading this: if you can't tell the difference between a woman and a THOT, that's on you. You need to find different females to hang out with if that is the case. (This goes both ways, ladies. If all guys seem to be douchebags to you, maybe you should stop hanging around douchebag guys?) Do you remember my advice about crab people? THOTs and Douchebags count as crab people you need to curve.

Hobbies, why do them? Are you the type of person to say, "Nothing is exciting, I'm bored with everything"? Oh, really? So you have done everything and it's all boring? I doubt it. You are just a sad boy. And, that is fine; everyone is a sad boy sometimes. Have you tried learning something or investing into a hobby just for the sake of getting good at it? I'm sure you haven't. Try it. If you are a sad boy, just pick *anything* and decide to get extra knowledgeable in it. Pour yourself into your hobby. Don't worry about being the best at it, just dig in. For example: buy model rockets. Decide, "I'm going to get into rockets and how damn high can I get this stupid thing?"

What's going to happen is you're going to forget about trying to find "that one thing you're good at" and stop chasing happiness. What you're going to do is build a rocket that is going to go ridiculously high. When you build a rocket that went 200 feet up, you are going to start designing a rocket that will go 400 feet up. It doesn't have to be rockets... it is up to you. Of Course, you need to pick something that is within the constraints of your time and money, based on prior goals. Maybe you could start

gardening? “But, But, Buddy... I live in an apartment!” Guess what, you are now going to build a hydroponic system that will grow food inside. “I don’t know how to do that!” Learn how.

I think a great combo for people who are not blessed with resources is to make your job your hobby. “WHAT?” Listen, you are spending a third of your day at work or more, why not get *really good* at it? Try treating your job *like* a hobby. You will become knowledgeable and capable, two things sought after by people with the power to give you more money. That is what will happen. If your job is to stock shelves on third shift at some store, then make it a mission to be the best damn shelf stocker that store has ever had. This is what I do at work. I decided that I was going to kick ass at work, not for their sake, but for mine. I practice and perfect my duties, studying and learning. As a result, I do not dread going to work as some tax on my life in order to “do what I want”. My days do not grind on, they fly by.

To recap: don’t waste your money; funnel it to engaging activity that poses a challenge and hopefully a reward. Give yourself a challenging problem to solve. Speaking of good hobbies that benefit you, you could always go to the gym and make it a life mission to become a muscle bound freak... just a suggestion.

Physical Fitness

Alright, here we go. The first thing you have to know is that, well, you’re probably a weakboi. Don’t worry, most people are. I mentioned earlier that your body is one unit; the frail meatbag that moves your brain around is going to influence your consciousness negatively if left to atrophy. You don’t have to be a mountain whose steps sound like thunderclaps as you walk among lesser mortals. The key phrase is “don’t have to”. You absolutely should if you can. There are only positives that come with living large. Also, I mentioned that dating thing, right? Well, marginally working out and not eating trash food will enable you to get those skinny “abs” women like so much. There is a decision you must make when you give your life to Swole Jesus. Don’t lift if you’re trying to pick up chicks. They do not care about how cut you are and usually will be intimidated. Lucky for you, should you worship at the Iron Church, you’ll end up not caring much about women anyway.

If you decide you want to be fit, and decide what level you want to be fit, you need to figure out how to get there. If you were me in 2010, you would be doing push-ups, sit-ups and then run for an hour every day. What that’ll do is save you a gym membership, unless you are in college, and make you lean enough for the skinny abs. College comes with a built-in gym membership that you probably aren’t using, just like the degree you’ll leave with. Under this regimen, you will be able to drink ad nauseam and not have a problem attracting a female, initially. Why scare off women before your personality has a chance to? I wouldn’t say I had a low carb diet; I certainly didn’t *eat* many carbs. If done right, you will be lean, making your initial contact phase effortless. “Running for an hour is so much time!” ...Says the college fatboi. No, it’s not. I got a chemistry degree and had time, so you do too.

“It is a disgrace to grow old through sheer carelessness before seeing what manner of man you may become by developing your bodily strength and beauty to their highest limit.” –Demetrius Peptovich

Education

Speaking of college, it is often a waste of time and usually a scam. College is now a hug box that cannot seem to handle anything not on the 3x5 index card of allowable opinion. The unfortunate part is that we were still at a point where many see college as an indicator of intelligence, or at least an indicator of personal dedication to complete a college curriculum. This certainly is the case that some college degrees offer academic rigor, but even the purest of sciences get injected with worthless dogma by poisonous faculty in unrelated subjects. Unenlightened, dogmatic authoritarians have decided or have been conditioned to believe in certain “truths” and will aggressively push this dogma onto you, as any good zealot would do. They are necessarily violent toward other modes of thought because, to them, a disagreement is a personal attack to them and their “reality”. To them, saying the sky is blue is akin to “I hate you” because they think the sky is purple.

These people tend to be *partially* wrong. They are aware enough to see the obviousness of life, but either cannot think past simple cause and effect, or have been fed rhetoric that is incongruent with facts, dismissing those facts as a result as to protect their pride. “Education” is often indoctrination with more steps. Education in itself is wonderful and one of the many things people need to participate in to elevate themselves and society as a whole. We need to learn constantly. Jobs change, new evidence emerges, new technology and new methods. New interests will have us reading or doing things we haven’t done before. If you are a DIY person, like me, you understand what I’m saying.

“Education starts within.” –Demetrius Peptovich

I’m not saying college is always a bad idea; it is still a valid means to an end. But what end? If you do not know an “end”, saddling yourself with a house loan worth of debt without a plan is unwise. There are other options to be financially secure and even other types of education you should explore. A one hundred thousand dollar loan is not easy to pay off, even with a good job.

Moolah

Money, it’s a tool, a tool that will not serve the man who has no idea what he wants. It’s important to know what money is before you can utilize it. I know what you’re thinking, “Hey dickbag, why do you think I’m here? First you say nothing about getting girls, and now you’re going to say nothing about how to get rich?” First off, this is level 1 and the fact that you are worried about “getting rich” at this point is the entire reason you are at level 1. Secondly, you aren’t ready for that information, but you will be. Trust the program.

“Money, it’s a gas.” –Demetrius Peptovich

Where was I? Money is a medium of exchange. The Barter System a system without a standardized currency within a market. In that system, you have stuff and I have stuff. We could exchange this stuff to maximize our wealth. You don’t need money if you have everything you want, right? So, in a perfect world, where you are bartering your stuff with another, that other would have all the stuff you need and, likewise, they need the things you have. Bing Bing Bong, the world is happy.

The problem is that you are not going to likely have everything that other person wants. Also, many things aren't divisible so "even trades" are also unlikely to happen. In the game Diablo 2, not using external markets like d2jsp.org, you have to barter to get in game items. Runes are the de facto currency, in game. Unless you find them, you have to trade up. I'm not going to get into the details of an 18 year old game's barter economy. I want to though, believe me. "Good, thank God. Land your plane." What is that medium of exchange? In Diablo 2, it's Runes, using an external market, it is digital coins. In the real world, it's paper money. "...Paper money?" It wasn't always paper money printed by a private company given to the US Government (I'm assuming you are in America, and you probably have a central bank anyway if not) with interest to be paid back by more money with interest, kind of like paying a credit card off with another credit card. Once upon a time, America used a stable, relatively rare commodity that is hard to counterfeit and didn't breakdown with time. I'm talking, of course, about gold. As much as I would like a gold standard to back currency, good money is hard to fake and has the trust of the economy. As much as Fiat currency is dumb, in my opinion, as long as we all agree that its valuable, the machinery keeps turning. Going back to Diablo 2, d2jsp.org is trusted by those who use it and they seem to be reliable. The greater details on how money came to be are irrelevant, really. So how do you deal with this money?

Like your weight, "money in; money out." If you spend less than you earn, you will grow a surplus. So there is a polar dynamic here. To run a surplus ("getting rich" to the level 1) you must either make more and/or spend less. "Make more money is your advice? Well, no shit!" That isn't my advice; actually, that is stating a fact. We're going to focus on the "spend less" aspect for now. "Make more" is too advanced.

It is true that some people can't really "spend less" on certain aspects of their life. I can't just "spend less" when it comes to my student loans because there are "minimums". Of course, I *could* spend less. I do not suggest doing this. The Yggsdrasil in the realm of Expenditure is the Budget. You need to add up and ledger everything you spend money on. If you do not have a budget, a good place to start is taking a month or two tracking all the times you spend money, and categorize them. From the small purchases to the rent or mortgage payments, you will find what your habits are and what your real "costs of living" are. This process will give you the budget you are *actually* following.

From this working budget, find the expenses that you must make. Then, subtract that from your monthly revenue. This subtraction is the true budget. A budget is for things you can do without. You can't just not pay rent if you are renting an apartment, you will get evicted.

"Hold on, I make 1500 dollars a month. How can I afford a 600 dollar rent with all this other stuff I have to pay for, hmmm?" Well, you don't. Get a roommate. If you cannot afford to live alone, you do not deserve to. Deal with it. In college, I shared a "house" with 4 other people at 200 dollars each for rent. Once, the upstairs apartment's toilet leaked and shitty water was full stream leaking right onto my refrigerator. That was 1000 dollars a month. Nonetheless, I was able to live somewhere for 2400 dollars a year in rent. Deal me in on that one, bud. I even "subleased" out a "spare bedroom" in the summer to two goofballs that paid me 500 a month for 3 months, pocketed it. What I'm getting at is that you can

live somewhere just fine on a miserably low paycheck. Besides, a full-time non-minimum wage job can get you plenty of money to secure your needs.

Now I don't know your exact living situation, but I'm going to usually assume you didn't screw up royally and have hundreds or thousands going out to loans or child support. Here are some tips that will help you.

Protip: Don't have kids out of wedlock and don't put yourself into credit card debt.

Tip 1: Roommates. Just one roommate will significantly reduce the costs of living. Feel free add roommates as you can stand it. I personally don't mind roommates so long as they aren't filthy, which is usually the case. Being filthy, that is. What the hell is up with people? This is how people get sick.

Tip 2: Stop paying for Cable TV. The internet is usually a helpful tool, but it is also a source of a great wealth of free entertainment. I haven't had cable since 2013-2014 and I will never again. Over the air TV is just fine, especially for local news and weather. I got an antenna at Menards for 40 dollars and I get about 40 channels. My house has antenna tower, though.

Tip 3: Don't eat out. Let's face it, you don't go to Taco Bell and snatch up two cheesy bean and rice burritos and call it a day. You spend 8-10 dollars there every time, don't you? This adds up very quickly. By extension, don't go to bars either. Spend 40-60 dollars (Midwest, not big city) every weekend at a bar, for what? If you do this, and I know for an absolute fact people do, you will rack up thousands. 50 a weekend, for 50 weekends is 2500 dollars. If you do this, and complain that you are "broke", miss me with those excuses. If you want to go anyway for the "social aspect", get six deep before you even go then just buy *one*.

Tip 4: Learn to fix stuff. Car repairs got you broke? Fix it yourself, bro. Mechanics are for rich people. Unless it is a major problem, you can probably fix it yourself. I replaced the front brakes from the disks to the calipers and it was only 300 in parts (before the caliper core charge refund) on a F150. That would have been an easy \$1000 at a shop. Guess what, cars are expensive. Just find the two cheapest working cars on Craig's list and just insure one. If your car ever takes a shit, you have a spare to get to work. This will let you have the time to fix it.

Tip 5: Save money and get a House. Depending on how destitute you are, this probably isn't going to be an option for a while. With that said, long term apartment living in the same area is pissing your money away. Houses are not that expensive. Mortgages are loans on real estate that you can at least sell. A rent is you paying a mortgage sized payment every month and if you leave, you are worse off because you will see nothing for the hundreds you pay every month to a sleazy slumlord. The added benefit to a house is that you can fix shit yourself (Tip 4, remember?) and the money you dump in will be an investment of sorts. Try explaining to your slum lord that you fixed the water heater and he should reimburse you. HA!

Quick math: If you rent for 5 years at 500 a month (rock bottom for my area's prices), 30 thousand dollars are gone because you were afraid that a house might be "too expensive". If you buy a 70 thousand dollar house and live there for 5 years, you will not likely make any very expensive repairs

and you are paying 500 a month on a mortgage plus tax and homeowners insurance. Let's say half is mortgage principal, you are up 15 thousand in home equity. If you sell your house at the value of your original loan (probably well under market) you are going to be better off than the renter by the principal paid. With this method, do not trash your home. If you invest a little money into keeping it looking good, you might end up making money on it if you leave.

Tip 6: If you are okay with being homeless (a 180 from tip 5) for nearly a decade, you can just not pay the student loans you took out for your worthless degree you got in between college house parties, while not working at all and living off student loan reimbursements. What do you care about credit rating, you're homeless. This one can really mesh with the other tips well. It meshes well with 4; tips 1 through 3 are embedded in it. If you are debt free, being homeless with a job is going to mean large surpluses. LOL. Seriously, though, getting a cheap RV and living in it wouldn't cost much. You could snag a functional RV for a couple grand on Craig's List.

Take away: Focus on a budget, and stick to it. Do not concern yourself with great wealth if you cannot manage to stay within your means. I'll hit you with advanced stuff in level 2.

In Closing...

Trust the process. Detect and avoid propaganda. Stop wasting your money. Focus on building a strong foundation in self-identity that can resist crab people's negative bullshit. Root out idleness and enrich your life with gainful activity. It should be said that there is nothing wrong with entertainment, although do not put off your hustle for meaningless media consumption. Internalize control, because you are the decision maker. Releasing yourself of agency may feel good at first, but it is a fast track to destruction. If you are not in control, you don't get to decide what controls you. You are begging for misery when you refuse to pick up your life.

"Existence has laid a burden on me and I carry it aimlessly? Existence has gifted me a treasure and I deliver it." –Demetrius Peptovich

LEVEL 2

TO ACHIEVE FREEDOM FROM CONSTRAINTS, THE UNSHACKLING OF THE MIND

Under Construction: Introduction

“A tower plunges defiantly into the sky and stands tall upon the ground where beasts slither and crawl.” –The Book of WEW 5:13

Welcome Back

What’s up tower builders, I see you fam. How’s the excavating going? Doing good, doing great, I hope. If you’re coming fresh off the dig site or been around a while, well met and hail to ye’. We’re going to dig into some different topics, and expound on others. It’s a complicated business trying to navigate the Saw deathtrap called life. I want to see you emerge alive, and with my help, unscathed. So, Jigsaw, or your past choices, has sewn a key into your guts to unlock a bear trap that is slipped over your head and you are standing in a cage that is a few inches shorter than you. You manage to get the key out and as you unlock the bear trap, the cage falls into water and you have to unlock the cage before you suffocate. Once you get out of the water you arrive at a wall with a button that says “Press Me”. You hesitate as you look to your left. Dangling above pointing toward you is an M18 Claymore mine. You look around and see the entire ceiling is covered in similar mines. “Do you think I’m an idiot?” You look around. It looks to be like you are in some sort of warehouse, the pool in the center. Suddenly you see a movement in the shadows. Horrified, you look upon the figure of a massive Umber Hulk emerging from the shadows. You are caught in its gaze and it becomes frenzied. You panic and sprint away with a butthole that could squeeze Anthracite into Diamond. There is a problem. You can’t run. It feels like you are in a river of thick oil. The button stretches from reach. Darkness closes in around you. You look down. The Umber Hulks razor sharp claws have plunged through your back and out of the hole you removed the key from. You reach, one last time, and slam your palm on the button with your remaining strength. You see a flash of light and yell out as you sit up in your sweat soaked bed. The dawn has pierced your window curtains. Out of breath, you declare, “I need to stop drinking Mountain Dew before bed.”

Looking Ahead

Now that you’re on track to straightening out your life, there is an important question to ask yourself: “What goals *should* I set?”

Since you mentioned it, I’ll tell you. You should set goals that will grow you in ways that utilize your talents and maximize your productive capacity. Since you are no longer searching for “happiness”, you freed up a great deal of time that can be spent being actually productive. To what end is up to you. You need to do some soul searching. These goals do not need to be profound, mind you. It’s probably better if they are personal. “Change the world” is a profound statement that not only means many

things but also means nothing. Who gives a crap about the world, anyway? You need to start small. And, who knows, maybe you will end up changing the world. *Snort*

Working Backward

“Alright, so how do I do it?” Do what? “Say I picked some goal, now what?” You are asking some great questions, friend.

Start from the Top

You have your “dream”, so to speak, in mind. I approach this as I would a maze game. I start with the end state and try to think up sets of conditions that would be conducive to that end state. These don’t have to be, and usually aren’t, elaborate for most things. If you wanted to become a rocket scientist, for example, you would need to find positions called “Rocket Scientist”, or whatever. These companies will have criteria that you would need to meet, if you don’t meet them, *no job as Rocket Scientist*. These criteria will likely include something like an Aerospace Engineering Degree. There is another step. This prunes all options going forward that do not include obtaining this education. Now what? Looks like you are heading off to College, big guy. “How do I get into college?” That’s not the only question you need to ask, is it? What one? What are the qualifications? How am I going to pay for it? Am I even smart enough to *be* a rocket scientist? So you think your smart enough, and you managed a decent score on your ACT or SAT and you’re now headed down to college for a degree. See how easy that is?

Keep it Loose

This process isn’t the definitive edition. It’s kind of a waste of time to meticulously plan every step. You don’t know what’s going to happen in the future. If you plan more generally, you can keep options open to alter the course. The chaos of life will definitely make your plans exceedingly worthless, the more specific and long term they are. This isn’t to say long term isn’t good, but you shouldn’t waste your time planning what you will do *specifically* on May 23, 2038. A lot can change in 20 years. Besides, as you plot your star chart and set sail, you might find more worthwhile destinations. If you restrict yourself, you will just screw yourself.

Assess your Resources

With enough money, you can basically do anything. Want to be a famous singer? Buy it. Buy talented producers, buy an entourage, buy hype men, pay a marketing team, and pay a producer. No matter how poor your music quality, there will be *someone* out there that will buy it.

Of course, regular Joe Schmoes aren’t going to have those resources. And unfortunately, they will have to rely on actual talent, discipline and creativity. So, look around you. What *do* you have? Most of us have a job and are bringing in some cash. Since you already have a great budget and are running a surplus, what type of capital investment do you need for your next step? Do you really even need money yet? Even if you plan on opening a store, you need plans and a vision. If you have a rock solid

plan to open a restaurant, for example, a bank will give you money. Loan officers are people, too. If they see that you are reliable and your plan is good (conducive to profit), they will put up cash. After all, if you succeed, they will to. All I'm saying with that is you need to inventory your current resources. Capital and Relationships. Who you know can be as good as gold, like the talentless person getting a record deal.

Goals for a System that Focuses on Systems to Accomplish Goals

What's all this about?

There are many self-help types out there and the more advanced of these will have a preference between a Goal oriented paradigm or a Systems oriented paradigm. Essentially, this is the "how" to the "get my life together and be wealthy" shtick they do. Some will say focus on Goals, others say focus on Systems.

Goals

Goals in this context are like quest bullet points. Do A, B and C then head back to town to collect your reward. Kill 10 boars and find John MacGuffin, run back to Dan Questhub before going to next area. This seems like a just fine way to do things, and I would agree. If you set out to do anything, you should have a something to do, right? Every time you accomplish one of these goals, you will have to assess where you are, "did it help you toward your end state", and what is the next goal.

Systems

Systems are passive, if goals are active. A system is a routine that one develops in the attempt to induce desired outcomes. I'd probably get grief for it, but that is about all it is. Many of these self-help types over complicate things to appear learned and mystical. (Mostly so they can make money. No blame cast here, folks.) A system approach to lose weight would be building a meal plan and designating times to eat and workout.

What's the difference?

I don't know, LOL. A system approach is just advanced goal setting. However, setting goals without an approach to accomplish it will just lead to failure. The truth is, you need goals and then develop behavior patterns that will induce success. Modeling your behavior to induce success is more effective. If you don't change who you are first, you can't do something you have no ability to do. But without a purpose, what's the point of any behavior change? So you need "both". Set goals and then change your behavior to induce progress.

Let's say you are a fatboi and you want to slim down. Great, well, how are you going to do that? The truth of this is you are the sum of your behaviors and choices. "Fatness" isn't some cursed hex from beyond that people are victim to. You are a fat person because you act like a fat person; you make choices like a fat person. Start by detecting these behaviors and eliminate them, simultaneously replacing them with habits of a fit person. This isn't all that easy in some cases, I get it. It's hard to

change habits, hence *habit*. But, you can use the difficulty of breaking habits to your advantage. When you replace a bad habit with a good one, that good one will become harder to break over time. These habits are the “systems”, and your “goal” is fitness. It’s simple, right? Remember this: You can’t be something you are not if you continue to think how you are. How do you *change your mind*? We’ll get there soon.

Propaganda Revisited

I mentioned a few things with regard to propaganda but my main point is that it is so pervasive that just about everyone believes things to be true that aren’t or have behaviors that are destructive because someone convinced them it was Good, or *not bad*. These things range from insignificant to fundamental. It goes without saying, but the more fundamental an idea, and the more “wrong” it is, the worse.

An Examination of Art

Taking a small step back, I have gotten flack for having the stance that art is not dictated by the Artist, but by the one who views the art. “Hey that’s POST-MODERN! What are you some sort of post-modern ‘everything is beautiful’ degenerate! REEEE” Sorry, bro; however, I’m not saying that *everything* is art, that is retarded. Also, I wouldn’t consider taking a garbage can and dumping it on the floor of a museum to be on the same level as the stunning, astute and talented creations of a toddler’s coloring book. Art at its core is motivated expressive communication or the expression of the imagination. *Fine Art* is what most people think of when Art is discussed, that which is developed primarily for its aesthetics or beauty. At the end of the day, *the artist* doesn’t get to decide what *I* think is beautiful; however, this doesn’t mean that aesthetics or what we would collectively decide as “good artistry” is sidelined. Music has genres, right? I like many genres, usually for different reasons. A genre has specific qualities unique to that genre. Of course, there is crossover. This is *classification*. When trying to determine if something is “intrinsically” well crafted, you need to determine before the decision what features you will assess and to what standards you will hold them. This is what most people do when deciding if art (a song in this case) is of “good” quality. Ubiquitous rules for “good” usually include technical ability. I don’t think there is any disagreement here that quality is founded on the basic human instinct for harmony, balance and rhythm. This is why many people reject post-modernist trash as art. Notice that I also called it trash. I agree that it is void of disciplined talent. This type of art is created intentionally by the “artist” to defy concepts of beauty and enlightenment. It is angry and base, reflecting the attitudes of its creators. It’s quite monstrous. I am not defending it in any measure as “good”, but it is *art*, regardless. Art we should support ought to be uplifting and inspiring. If what we consider to be good art is a beautifully constructed poem, what these “artists” are doing is the equivalent to being cussed out by a dirty bum on a New York subway; yet, both are technically communication.

Propaganda as a type of Art

Propaganda is a form of art, designed to subtly manipulate the viewer into a particular emotional or psychological response toward a particular idea or object. This is a general definition that doesn't specifically imply malice. It also doesn't imply it can't have "good" motivations, as well. Moreover, it doesn't mean that propaganda *must* be effective. "Okay, so what?" I brought up propaganda in a negative light, because it *usually* is maliciously manipulative and utilized by an agent seeking to *control* the target, a "brain washer" using propaganda. The methods involved in this process are what they are, irrelevant of "good" or "bad". Using the term "brain washing" has the connotation of manipulating the beliefs of the target in *defiance* of reason, as a cult would do.

Propagandist and the Thrall

What if what you believe, as you are now "not brain washed", stands in defiance of reason? What if you are a cult member? Think to yourself, "What if that, which I *know* to be true, is a lie?" If you are following me, the truth as you know it is psychologically comfortable with you. What you see is real. What you feel is real, yeah? Imagine yourself as you are though you believe things that are "objectively" untrue. I'm using your current beliefs as a baseline (that might be riddled with lies, who knows) to show that one who has been "brain washed" feels as you do, psychologically comfortable. The point is that, if you are standing in untruth, a sort of "brain washing" will have to occur, just as one who was formally in "truth" fell victim to a cultish deception.

I'm giving these people the benefit of the doubt by saying they are acting out good intentions under delusion. It is too common that a good soul fights for an evil cause. There are others though who *are evil*. We should not give up on good people who live in deception. To use some religious terms, the Sinner and the Blasphemer.

Merchant Pundits and Spooks

Ladies and gentlemen, that are out there representing their "sides", there is a really sweet market for reiterating talking points. "What? People can't make money expressing their opinions?" No, that's perfectly fine. I'll be the first one to say that I don't do a whole lot for free, besides the fact that it would be hypocritical. We all have bills to pay. Who I am talking about are individuals who aren't "believers" so to speak, but are there to turn a buck on the current outrage. They may agree with you, they may not. It doesn't matter. They usually ride the backs of those who are "putting in work" and may do a bit themselves. All I want to say is watch for these people. Support people who support the truth, but at the end of the day, Truth is what should be supported, not the *person*.

What about those not digging for gold? Well a classic spook will attempt to manipulate the frame and shift conversation. They will appear to be "one of the good guys" and inject their own narrative, usually that of the establishment, in an attempt to sow discordance in a movement by creating factions. On whose behalf are they working? A certain tangential faction, themselves, an enemy faction as a plant, *The Government*... Watch for these people.

Money: How do I turn on this Wealth Generator?

“Dude... That was some heavy shit. I’m just trying to make some money, wtf.” Alright, let’s switch gears and take a dive into the money hole. Earlier, I talked about revenue and expenses, and your budget. I’m going to assume you figured out a budget that will give a surplus, or are in the process of changing behaviors that will.

Assets and Liabilities

Assets and Liabilities are integral to your calculation of equity. Equity represents one’s stake in an investment. You buy a \$100k house, and at some point in time you owe the bank \$80k, your equity in that investment is \$20K (assuming no change in fair market value).

An Asset is a general term for valuable things or productive things. In the example, your home is an Asset. A Liability is a loan or obligation. Mortgages are Liabilities. As long as you have a mortgage, you do not *fully* own your home, in a sense. The asset is the collateral for the loan issued. Student loans are also a liability, but without any real collateral. An education is an asset in a sense as it could be used to generate wealth, but the knowledge in your head (or whatever you managed to cling to between nights downtown) isn’t intrinsically valuable.

I don’t want to go too deep into this, because frankly, I’m not JP Morgan or some shit. The over-under is that you want to increase equity. Spend your capital on valuable or productive things and prioritize paying off and staying out of debt. It costs money to owe someone money, do not let this ensnare you.

Wealth generation

The methods to generate wealth will vary depending on your start conditions. If you are already well off financially, your investment techniques are going to look different and probably require capital (not a problem for you) whereas, one who is not financially secure or has a low income won’t have those types of opportunities. If you are a regular Joe Schmo, like most of us, you probably don’t have some fantastic talent, or a serendipitous stroke of luck, that will rocket you into the lap of luxury. You are probably not going to get a “big break”.

You were dealt into this life. What will you do about it? You know, a few warm summers back one night on a train bound for nowhere, I met up with a gambler. He told me, “Every hand is a winner and every hand is a loser, and the best you can hope for is to die in your sleep.” That’s something that I won’t forget. Dealt an Ace high? Every hand is a winner. Dealt a full house? Every hand is a loser. Where will you be when the luck runs out and you can’t play the game?

So where do we even start? What resources are available to you? That’s a good start. Like I mentioned, your financial situation matters. If your income is high enough that you aren’t overly concerned about your budget and paying rent, you probably could just go to a specialist financial advisor

and let them set you up with a dope investment portfolio and call it a day. This is definitely a route I like.

I want to direct this more toward people who are not clearing much surplus at the end of the month, if you know what I mean. Take a look at your real budget (as opposed to your ideal one). How much money is going into “frivolity”? What are you doing going to the movie theater twice a month? I enjoy film as much as anyone, I guess. But, if you take a friend you’re looking a \$40 cost, easy. Even once a month over a year is 480 dollars. For some of us, this isn’t a big deal where others would be in quite a jam if a half a grand disappeared.

Wealth Generation: GRQS

Before we jump into actual ways to make money, we have to talk about Get Rich Quick Schemes, and why they are bullshit. GRQS (grocks) lure you in with overnight success for very little work, and all you have to do is give them a little money for what they have to teach you. All the “free” information is overly complex explanations of basic things by some GRQ Peddler that “made it big” and wants to share his knowledge, which is certainly behind a paywall. “This is what they *didn’t want us to learn in school*” or some other crap. They are not much better than a scammer who inflates common sense financial ideas to mystic secret knowledge that you have been hoodwinked or bamboozled out of knowing, usually out of malice. I’m not going to call them *scammers* because they aren’t selling you Cubic Zirconium and calling it diamonds, they are selling you Cubic Zirconium and *describing* diamonds. It’s greasy, but it’s not technically fraudulent. I do want to mention that schools are not apparently teaching kids how to be financially responsible, and that is a problem. My high school taught us basic life skills such as this, but I’m aware that many places do not. *Public schools, am I right?*

Many GRQS are actually based on methods that *do* work. Affiliate marketing is one that YouTube get rich ads will talk about. They’ll say its super easy and money just comes soaring in. Well, I looked into it and it’s not that easy. The scheme is, “you become an affiliate, and send your links to people and when they buy it, you get paid!” This is such a great deception because it’s exactly true. That is how it “works”. The fact is that it is not passive as stocks and dividends are passive. You are basically now an internet door to door salesman. Also, people have to actually *buy* things. I’m not trying to shit on Affiliate Marketing, just on people who shill it like it is some secret fast money hack and, of course, they will tell you all about it if you sign up for their “free” course.

Many of these people really just make YouTube videos that put out meaningless information that is packaged like it is some meta-knowledge that was passed down in a secret society. There is a video I watched recently with this old dude. He was telling his viewers about the three types of people in the world. You may have heard of it. He labels them M1, M2 and M3 people. Yes, the M stands for “money”, lol. Money 1 people trade time for money. This is presumably *you* because nearly everyone works for someone else. Money 2 people who are like you but have stocks or whatever. But the next level Money 3 billionaire geniuses, like you will be because you watched this shitty video, are money squared people. They make money with money while they sleep! Can you believe it? Barely 1% of

people do this! Nothing profound was said and yet, the viewer leaves thinking they are now *in on it*. Good thing that guy has a book or course to sell you!

This paragraph has been added after the fact, but about 10 minutes ago, I watched an ad on YouTube that is exactly what I'm talking about. They were asking the viewer if they want to live a life without working and having tons of money. They had imagery of a bank account growing with many deposits, and high-rise city views. There were pretty girls around and dudes with them having fun in a pool. This was the hook, and about 2 minutes in... "I've been teaching people all over the world how to 'get the life the want' with *Affiliate Marketing*". Still think I'm full of shit, boys and girls?

Wealth Generation: Where do I start?

The fact of the matter is that you won't be getting "rich" if you aren't willing to work for it. Just like at your regular 9 to 5, if you aren't *doing something* you won't be working there long. Also, most wealth generation schemes will require capital investment. Get over it. It isn't always expensive, and you will at least spend time. "I don't have any time to spare!!" Yes, you do. I forego sleep and "fun" things all the time. I have a full-time job, *too*. It's about priorities. What is more important to you: meaningless frivolity or becoming financially secure?

If you are like most people, your best bet is to get skilled at your current job. You probably do not have well developed talents and aren't sitting on a big stack of cash. If you do, well, that's a great resource that you should be utilizing. That is something you need to discover: Are you good at anything? How much money do you have available? This is a question that is very easily answered by looking at your bank account.

If you answered "No and none" for those, respectively, what do you do at work? I have mentioned this before, but if you aren't good at anything and don't have any money, just focus on learning your job. Make your job your hobby. This will make going to work less miserable and more profitable. You need to remember all the ways you are valuable to the company you work for, then go to your supervisor (the one that can give you more money) and ask for a raise. You should never ask for a raise if you haven't done anything to prove you are competent... *unless you have*. But, if you can't make a list of reasons why you should get paid more, how will you convince your boss? Your boss will pay you more if you can prove you're worth it, and if you are truly worth it, *some other boss might agree*.

Bottom line: Get better at your current job. Think of "lower" jobs as stepping stones to "higher" ones. If you spend all day daydreaming about not working because you are rich, but you don't get a damn thing done at work, you are doomed to be a lazy bitter bottom-shelf employee that will always get passed up for promotions or pay raises. Work ethic is a valuable skill that is sought after *everywhere*.

Wealth Generation: Skills and Saving Money with Them

Adding valuable skills is your first task. If you have some already, exploit them. Some smart badass once said, "A penny saved is a penny earned". This is especially true for us Salary plebs. Saving money is as good as earning it in the short term as well as the long term. Even if you are rich, being wasteful with your money is a poor choice. And in terms of real dollars, the less you make, the more valuable cost savings becomes. I have a 2002 F-150 XLT SuperCrew. I also live in the "Rust Belt". Needless to say, cars fall apart here. A small example to saving money with car repairs: I replaced my driver side rear axle seal (a 7 dollar part) myself. All said and done with tool purchases, the price came to about 100 dollars. I was quoted 300 and would be without my vehicle over night at the nearest shop. As a guy on salary, I would have eaten 200 dollars on that repair. Instead, I watched a YouTube video and got it done myself in 2 hours. Now, I have the tools and the knowledge to do it again. I brought this up because my rear passenger side axle seal is now leaking and guess who now has the knowledge and tools to do this fix? This isn't the only thing I have fixed on my vehicle. Another example: The City decided that the Green Ash in my front yard had to come down. *Apparently* it was getting murdered by Emerald Ash Borers. Since that bastard was like 40' or 50' high, it would have been about \$1500 to have it removed. *PFFFFFFTTT, fat chance in hell I'd pay for that.* I hopped in that rusty ass truck I own and drove down to Farm and Fleet, spent 400 dollars on a brand new Husqvarna Chainsaw, 2 gallons of gas, bar oil, and a few ropes. That weekend, a buddy of mine and my brother showed up around 9 AM. After a few cups of coffee, I climbed up in the tree and just started cutting. We dropped more than half the limbs before noon. Over the next 4 weekends, I chopped up the limbs and stacked them in the driveway and piled the brush up in back. By the end of the month, I had the whole tree down and got a thumbs-up from the City. I saved about a thousand dollars, got a sick chainsaw, and have about 1.5 cords of ash firewood. (A cord of wood is 4x4x8', about 2 pallets 4' high)

"But, I'm a frail soyboy that can't figure out how to fix a car or cut down a tree!" The point is that people waste a way too much money getting other people to do things. This brings up the idea, "When should I do it myself, and when should I have someone else do it?" We'll talk about that later. Also, 'I can't' is crab person bullshit, cut it out.

Fact and Fitness

So many people ask me, "Pep, how can I get strong? No one seems to have a clear answer and everyone is peddling their miracle diet or program. What is the Truth?" What's the truth? It is in the results. Never let a dude whose been 'crushing' it at the gym and chugging their protein drinks but are still assuredly *not big*, tell you how to get big. You take his advice; you will *at best* look like that person. "But, I don't want to get big." Uhh, right... Now you listen to me, "but you said to not listen to not big people." *Shhh*, I know what I said. If you want to live large, you need to take the advice of a guy who *lived large*. I will tell you, and this isn't *my* opinion, what you need to do to become the physical Adonis that is peak male performance.

There is this Austrian guy, you may have heard of him, who is a seven time Mr. Olympia winner and has a book called "Pumping Iron". Arnold Schwarzenegger knows a thing or two. Soon you will see

a, more or less, comprehensive list of workouts that Arnie does as well as what to eat while doing it. The key factor is to never hold back. Every workout matters, every rep and set. Genetics plays a role. Some people are genetically better at muscle hypertrophy. Guess what? Don't complain about it because there is nothing you can do about your genes. With that being said, if you dedicate yourself to actually putting in the effort and going hard in the gym, you *will* get stronger. The problem with those perpetually small guys is the fact that they don't go hard. They are probably pussies as evidenced by their complaining. As eight time Mr. Olympia winner and absolute unit Ronnie Coleman said, "Everyone wanna be a body builder – but don't nobody wanna lift no heavy ass weight." If you want to BE big, you have to THINK big. You have to LIVE big. Do you want big muscles? Then, lift BIG!

Below is all you need to *know*. Now, DO it. Learn what these movements are; focus on form and lift as heavy as you can while maintaining form. Improper form can cause injury. Switch it up, keep your muscles guessing. "Muscles don't have a brain, bro." Oh really? Well, a guy, *way bigger than you*, thinks so.

<p style="text-align: center;">Chest</p> <ul style="list-style-type: none"> -Bench Press Incline Press – Low, Medium and High levels of incline -Flies – all the way out, then on way in have the dumbbells touch 	<p style="text-align: center;">Legs</p> <ul style="list-style-type: none"> -Squats – Rear Squats, Front Squats -Leg Extensions -Lunges Stiff Leg Deadlifts -Leg Curls -Good Morning Exercise -Leg Press
<p style="text-align: center;">Back</p> <ul style="list-style-type: none"> -Bend over Row with Barbell T-Bar rowing 	<p style="text-align: center;">Abs</p> <ul style="list-style-type: none"> -Leg Raises – Straight – Bent Knees -Sit Ups -Roman Chair Sit Ups – 500 reps -Crunches
<p style="text-align: center;">Biceps</p> <ul style="list-style-type: none"> -Barbell Curls -Dumbbell Curl on Incline Bench -Concentration Curl 	<p style="text-align: center;">Diet</p> <ul style="list-style-type: none"> -Protein – 1 gram protein per pound of body weight -5 meals plus Supplemental protein
<p style="text-align: center;">Triceps</p> <ul style="list-style-type: none"> -Narrow Bench Press -Triceps Extensions down -Overhead Triceps Extensions with one arm and then both arms -Triceps extensions with a bar, head under the bar and press out to use body weight 	<p style="text-align: center;">Note</p> <ul style="list-style-type: none"> -Mix Up routines so muscles are shocked and can't get used to what you're doing.
<p style="text-align: center;">Shoulders</p> <ul style="list-style-type: none"> -Dumbbell Presses Barbell Presses - Front and Back -Military Press / Arnold Press 	

Crab People: A Portrait

Speaking of crab people, many crab people in our life are fellow peers who hate to see you succeed as a mirror to their own shortcomings. Crab people are negative losers, either by their own choice or out of misguidance.

“The crab is a pitiful creature, clawing to fill their empty lives with vapid materialism, forever exhausted by the vicious rejection of agency.” –Demetrius Peptovich

Many crab people are used by the nefarious propagandist, guided by them. They fell for the propaganda that keeps them unenlightened, while violently convinced of their own “ascended” thought because of the constant stream of reinforcement in their “safe spaces”. This is supported by propagandists in powerful cultural positions. These culture leaders engage in what Psychiatrist Robert Jay Lifton coined, “Milieu Control”. They generate an environment where people are encouraged through peer-pressure to act and think in the way “the group” does, using dogma, innuendo, slang or protocols. This process turns the unsure person seeking acceptance into a group into a zealot through positive reinforcement of encouraged behaviors. It is a major tactic in cult indoctrination programs.

These crab people are also fueled by their own smug superiority complex from years of being rewarded for “right-think”. This Right-Think is determined by the group’s culture leaders and those who have the ability to reward right-think with status or wealth. Those with “wrong-think” will be marked for rejection and ridicule. Being deprived of social status can be just as powerful as gaining.

Gaining in social status feeds the ego as well as scares away thoughts that would run counter to the desired narrative by fear of not wanting to be excommunicated and lose all you have “gained” because of the “wrong-think”.

Crab people are not only at the beckoned call of political types, but also con men of any type of topic the crab might be interested in. A crab person is bound by their desires and will allow these desires to sap any clear thought they have. They do not think, “This is too good to be true,” they think, “This is too good to pass up!” Money and Sex are the big two for the average crab person.

Crab people are consciously stunted and as a consequence, emotionally maligned. This state manifests physically in health and appearance: Ugly in, ugly out. Since the crab person has no real purpose in life, the Crab person tends to be an empty husk of vapid materialism, as a result. It is one thing to enjoy your iPhone and an entirely different thing to have your iPhone a defining feature, something you attach your identity to. This is low level consciousness, the lust for the mechanical.

The Crab person deserves our empathy and patience, nothing more. There will be nothing you can do for the crab that want’s nothing to do with you.

Addiction: A Purposeful Life

Addiction is the abdication of agency. It is the negative reflection of a purposeful life. The state of addiction is, and by definition, the state of being enslaved to habit or practice. It is a Latin word for “a giving over, or surrender”. One who is enslaved cannot live on their own accord, to act purposefully.

Addiction is inherently bad for this reason. Usually people aren’t “addicted” to healthy habits. The loss of control does not yield to higher modes of consciousness rather lower modes. The lower modes are very strong and primitive. What is happening is the mechanizations of the body take control and push for the most base of desires. Depending on the circumstances, you might have some semblance of high functioning control, or you might be at a total loss, functioning from the primeval synapses deep within the brainstem. The fact is that our brains are constructed on top of essential but primeval circuitry that deals with the most basic of biological activities. Layered upon these networks of fight or flight is the architecture that is associated with all our social and behavioral patterns. As we abdicate conscious thought, that which is foremost in the brain, the psyche retracts to its primitive architecture, partly out of a visceral desire to survive.

The shedding of addiction advances the psyche forward into our most advanced structures and allows us to transcend primitive behavior and even assess and alter the underlying networks to further advance into the powerful spaces of consciousness, not just thought but forethought.

Breaking the Cycle

“Okay, so, how can we break out of this regressive cycle? If conscious thought is sapped by addiction, leading to primitive thought patterns, wouldn’t that just generate more addictive behavior?” Yes, it does. It is a negative feedback loop; however, the architecture, although atrophied, is still there. It takes strong conscious effort to resist the natural regressive momentum. It first requires the awareness of these regressive patterns then an active assertion of will to resist. This isn’t the end all of the reformative process. Stopping here may change behaviors for the better, which is positive, but without the replacement of these regressive patterns, you will be forever locked in a battle of will between the primitive subconscious and the advanced conscious. This battle is psychologically draining. During this process, it is important to have a support network. This reformation is not something that happens immediately. “Replace it with what?” Frankly, you replace it with the new habit. You have to replace your current systems with new systems that are conducive to your end goal. “Didn’t you say this back in the third section?” Uhh... Well, anyway, it takes a conscious effort to do counter to habit. Over time, with repetition, you will start to build a new neural pathway that becomes easier to activate. This is literally the same thing as practice. When you practice the guitar as a complete novice, like I was once, you will be consciously placing your fingers in the correct positions for each note. It is slow, frustrating even. As you practice, the motor patterns become learned and begin to operate on a subconscious level, muscle memory. The movements become native to you and effortless. The process

of learning is usually easier if there are no “learned” things to unlearn, and that is the difficulty present in breaking habits, or addictions.

Pain: Torture or Torment?

Alright, we’re going to switch gears here and talk about the only thing that is real in the world. Pain. What’s up with this shit, eh? Man, pain is horseshit, am I right? Ugh! Every time I search for happiness, I get dick punched by pain. Where was I? Alright, here are a few woke definitions that are a smidgeon different than you would find in your precious little “dictionary”.

Protip: Just because something is a Synonym doesn’t mean you can just thesaurus shit to make yourself sound smarter. Words are different because they mean different things.

I know it’s double-plus ungood to think about the subtle nuances between similar words, but here we go! “Wow, what a madman...” Thanks, so pain is physical or psychological distress. It comes from Middle English *Peine*, “punishment, torture, pain”, Latin *Poena*, “penalty, grief”. Clearly, it’s the result of some sort of affliction, as in a response, whether self-induced or not, of an action the recipient took. Pain is a cenobite awaiting you to fidget with the Lament Configuration. So, to torture is to apply pain. Torture is from the Latin word *Tortūra*, “a twisting”. Torment is derived from the same word. “What was all that about no synonyms, then?” *A-hem...* Torture is different than torment. The forming suffix “-ment” indicates a state, condition or quality. It is from French, representing the Latin “-mentum” which is added to verbs to represent a result from said action. Compare to forming suffix, “-ure”, another fancy French/Latin suffix, indicating an act or process. You can be in a state of torment while being tortured. Torment is the persistent existential state as a result of a torturous event. In other words, you can’t be in a state of torment if you aren’t being tortured by something, simple.

The Torturer and the Tormented

“So where are these cenobites running around making people’s lives miserable, also, *cenobite*?” well, this isn’t the Spanish inquisition, so usually people going through painful situations aren’t because of a *person inflicting pain* but just an event that is painful. And in such a situation, there is still a torturer. That person is *you*. In painful situations, it is vital to have good coping mechanisms to work through the psychological stress that the event generates. If you do not work through this conflict, you will torture yourself with it. This unresolved event will replay incessantly by your subconscious, begging to get it resolved. There are two types of pain, an internal locus and the external locus. This means, pain can be inflicted by that which is outside of your control, and that which is. “Natural disaster” type pain falls into internal locus. “Why?” Because, the world is an unfeeling, uncaring realm that could care less if you are happy or sad, had lived or died. So when things happen, and are in pain over them, your reaction to them is the source of pain.

Pain is inevitable if you care for anything in the world, which you do, because there are no nihilists. Common Nihilism is a childish reaction to the shitty things going on in the world but being too chicken shit to stand for anything. Proclaiming, “I don’t care, nothing matters!” is a defense mechanism to pain of loss that is completely ineffectual. They are trying to mitigate the suffering by pretending

there wasn't a loss, but there was. All the while, they torment themselves by these unresolved events until the end of their miserable, meaningless lives. This ties back to post-modernism, as it is very much this edgy horseshit in the absence of skill and discipline. Edgelords love to quote Nietzsche and talk about how nothing is meaningful while really just being a boring hedonist.

Pro Tip: Nietzsche didn't "approve" of nihilism. He thought of it as an inevitable consequence of finding out the "truth" that you knew isn't "real" and nothing has intrinsic meaning because the entire universe is happenstance. During this phase, man needs to overcome and *not* stop after the destruction of all value and meaning and *not* succumb to the following nothingness.

Pain is a feature of the universe, not a bug. You must accept it. You can resist the torture when pain becomes your ally, then nothing may torment you. Let pain guide you, discipline you. Harden yourself to pain. When you can adopt this pain and resist torture, you can focus. At all times, may you think clearly.

Hypersexualization

The contrast to pain is pleasure. "Profound words, there, Socrates." I know, but it has to be said. Pleasure is multifaceted and the biggest piece of this concept is sexuality. Many pleasurable things are really just primal networks being activated at a higher function, much like pain. The pleasure achieved from good food works down to the primal architecture for nutrition. Healthy food equals a higher chance of survival. Sexuality effortlessly beams directly to the substructure of procreation. This is why sexual coercion techniques work well, especially for men. These techniques dig right at the apex biological directive, Reproduce. This is quite unsullied by complicated structures and can pierce right to the forefront of conscious decision making. Depending on the strength, it will cloud and distort your thinking to outright controlling you.

"Oh, shit, something is trying to control me. What am I going to do?" First, you aren't going to panic. Fear is a powerful primordial structure that is also deep within the brain. "How many emotional structures are there? Geez." We'll get there soon. So, what will you do? With torture (or grief), you have to adopt and dominate pain. Likewise, you have to adopt and dominate pleasure to be resistant to sexualization. "How does that look?" just like other addiction reversing processes, you have to detect sources of activation and remove it. When it is gone, you will have to adopt new systems to encourage. This isn't about suppressing your subconscious, but to redirect that architecture into constructive mindsets. Suppression is an important step as you have to stop the negative behavior, but as I said before, you will be in a constant battle of will against the primordial lizard you if you don't redirect it, and that guy is way more persistent than you. Just like in many martial art studies, you redirect blows. Don't stop them, make them miss. As a side note, learn Jiu-Jitsu or Muay Thai (or whatever martial arts you prefer). These are great ways to channel energy. They require discipline, practice and exercise. They might also help you not get your ass kicked, if needed.

Sexualization as Mind Control

This is a mind control technique, however not like some “Winter Soldier” type thing. It usually is to create psychological confusion in the target, leading to psychological discomfort though sexual frustration. These techniques amplify sexuality until it is a dominant feature in the targets cognitive processes. You can see this in the “Incel” or, Involuntary Celibate. Their entire mind is dominated by the fact they aren’t “getting laid”. Out of this, usually misogynistic and nihilistic ideas emerge. These people have an external locus of control, your standard crab person. I mentioned this in Level 1, I think. Just to reiterate, the crab person Incel will be forever alone because they have a misplaced locus of control, but will refuse to change that and insist they are innocent of blame for their circumstance.

You aren’t, though, right? You will realize that maybe it is *you* who could be wrong. You will be honest with yourself. I’m focusing on guys, right now but this is translatable to a female, as well. It just looks different because you ladies have equivalent but different brain structures. There are female Incels, and some wear pink hats at protests. I’m not going to call all of you up and work through your individual problems... for free, at least. Hit me up on a twitter DM, and for 100 dollars an hour I’ll take you on a spirit walk in my back yard. I’m not *technically* a psychiatrist, but what does that even mean? What, I can’t prescribe BigPharma drugs? Oh, I miss out on the ability to chemically lobotomize you, big deal. All I need is incense, and a little ceremonial *tobacco*. Don’t worry, it’s totally legit.

Another feature of the Incel life is that their sexless existence becomes their identity. This makes it all the more difficult to break. Just like how I mentioned that thinking like (and identifying as) a fat person makes you become a fat person, the Incel is undergoing a brainwashing to adopt the identity of a sexless person in response to the psychological pain they are enduring as a consequence. This further drives them away from solving the issues that caused this in the first place. This new identity will degenerate higher level cognition as their brainstem now dictates thoughts. I want to be sure to make clear that their sexless state isn’t what creates this retardation. It is their perverse fixation on it. *Celibacy* is not going to turn you into a sex deprived pervert that will create a YouTube channel hating on women for not wanting to bang you.

“Harden yourself to temptation of pleasure (*phrasing*) to be able to focus.” –Demetrius Peptovich

In contrast, a “sex addict” is also degenerative. I would probably consider these two types to be under the same umbrella. Both minds are consumed by sex. It is clear where they are different but sex is in the forefront of their identity. Both will easily be manipulated with sexual devices. Tacking on at the end, I want to be clear that pleasure isn’t exclusively sexual. Sexual pleasure is probably the most ancient architecture in the brain. It’s right up there with fight or flight and sustenance.

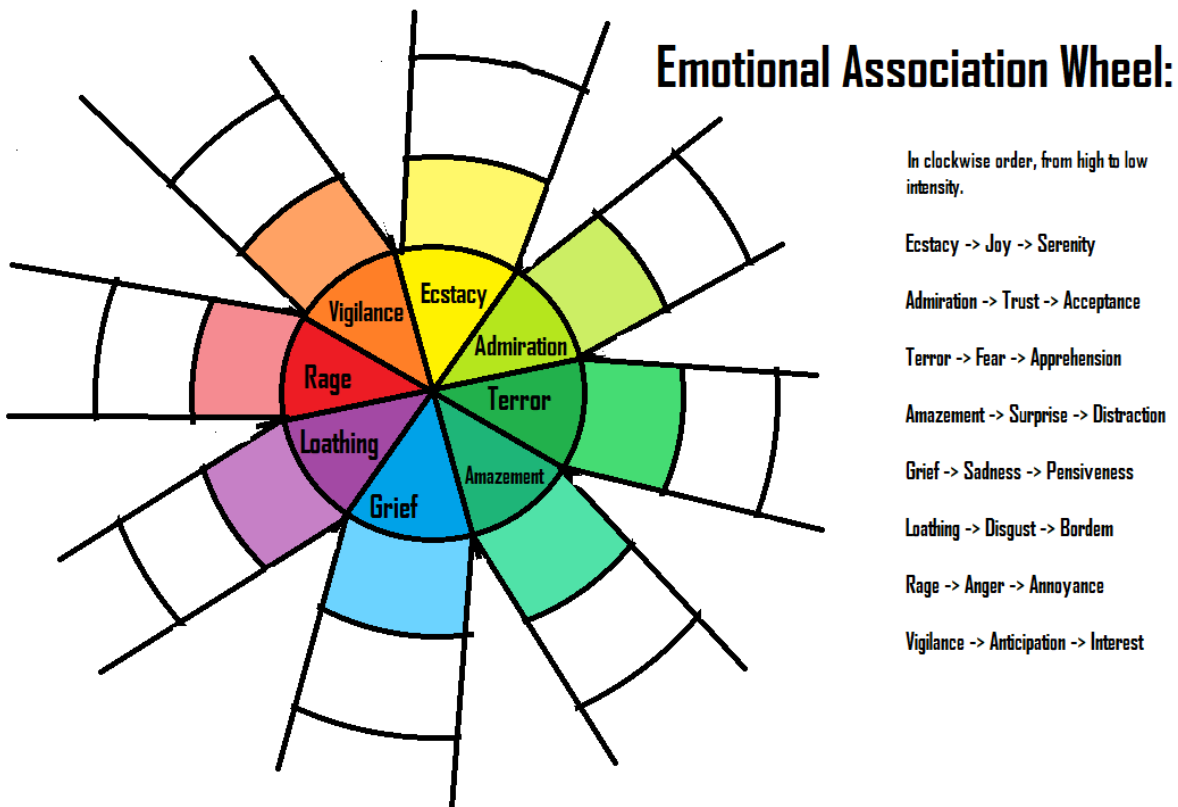
Emotional Substructures

“Greif and Ecstasy are based on survival of avoiding injury and reproduction, okay. Why is Fear so dominant? ...I’m asking for a friend.” Alright, well you have Pleasure and Greif, Rage and Fear. These are the primary axes. Pleasure and Rage are active while Greif and Fear are reactive; advance and retreat; apply and remove; Yang and Yin. Rage is the forth powerful subconscious structure and easily

soaks though each layer toward the conscious. Every one of these emotional responses has a scale of intensity. Usually, a well-adjusted person doesn't break loose into a fit of rage at slight inconvenience. "Some people do!" Yup, and they are crab people. Just like all the other primary emotional systems, one can adopt an attitude and an identity of Rage. A well-adjusted person will typically respond with the appropriate level of rage, from annoyance, to anger to rage. The Incel, for example, would probably over react to the interest of a woman (especially an attractive one). This is going to drive them away, feeding the identity.

The Four Emotional Systems

I don't want to focus on the specifics of these systems, but I wanted to mention them for completeness. The main take away is: These are connected to and sitting upon primordial mental functions. There are four primary dynamics, from "positive" and "negative", which represent the basic emotions. Secondary emotions are conjunctions of primary pairs. There will be a graphic below that I have hand drawn because I don't want to have some works cited tacked on the back of this because I used someone else's graphics. For further reading on these very interesting topics, go to DuckDuckGo.com and type in Plutchik's Wheel of Emotion.



As you can see on the graphic, there are eight petals to this wheel. Each one is a primary emotion. Dyads are either secondary, or adjacent, or tertiary, two petals away. Three petals are opposite emotions. This is a nice tool to exploring emotions and how they relate to each other, as well as specific words to represent them.

Rewiring

With all these systems, it is unwise to crush them down. You are not strong enough to always resist these wholesale. “So, give up?” Aren’t you paying attention? You have to rewire the system, so that when activated, it can be used in a healthy way. “Rewire?” You have to brainwash yourself. “WTF? How can you brainwash yourself? Isn’t the point of brainwashing is to do it without them knowing?” Yes, usually when trying to brainwash someone else, there is a great deal of deception and concealment of motives. That’s because, *usually*, they are being tricked into self-destructive behavior.

Nonetheless, the tactics used will be the same. Your actions come from who you are, who you are results in action. The key element to realize is that this isn’t a top down flow. This is a cyclical, symbiotic relationship. They work and change together. “You need to lay off the ceremonial tobacco, guy.” *Self-brainwashing is the same thing as learning a new habit while unlearning an old one.* It is just a touch more advanced. If you make a conscious effort to act, this action trains your subconscious which in turn, influences your conscious. Until the “good” process is integrated, you have to actively suppress the old one to discourage it. As seen in electricity, if you want a current to go a certain way, you need to add resistors to the pathways you don’t want. The path of least resistance is the path it will take. What is happening physiologically is a pathway is developed by a new combination of thoughts or actions. This pathway is fresh, so without persistent stimulation, it will fade. Attention is the key as your brain is aware of many more things that you are “aware” of from moment to moment. Attention is an active pruning of extraneous detail while amplifying important detail. That which has your attention will more likely be remembered. These neural pathways will strengthen over time with frequent activation. As you would work out to get stronger, the process of “practice” is how you integrate new neural pathways. We’ll get back to self-brainwashing in the next episode, likely... probably.

Mental Health

First off, don’t talk about your mental health with an online paper trail. The CIA will just create a profile on you. You don’t want that shit, believe me. Speaking on online therapy, don’t do this. Paying someone to tell you everything will be okay is big Gae. Especially crap like “BetterHelp”. They basically steal 65 dollars a week from you and give you a “therapist” that has no background check or credentials. These people shilling it with their “I’m sad” sob story are getting 200 dollars a head for sign ups. Get 500 people to sign up and you netted a cool hundred large... that sure would cure *my* depression, LOL.

Hobbies: Do what you enjoy; enjoy what you do.

Find hobbies that grow you as a person, but try to find joy in the things you already do. We spend a great deal of time doing things we’d rather not, like going to a job. Who wouldn’t want to do anything thing they want at all times? “Man, that’d be the life... that’s why I want to be rich! By the way, you still need to get to telling us.” Okay, well, even if you got to do whatever you want, being without structure in your day is going to be a fast track to misery. A benefit to a job is it offers a non-negotiable must do on your daily schedule. I think everyone works too much, but not “working” at all will make you depressed, trust me. So when you are rolling in cash and never have to work again, make sure you

maintain a schedule and do things that are productive. You will get crushed by the worthlessness of endless “vacation”.

Try to find a hobby that produces something tangible. I think that only one would suffice. Not all hobbies have to have tangible results. Playing Videogames would be an example of a hobby with no tangible results. However, if you are skilled enough in your game that you win money in tournaments, that is tangible. It doesn't have to be money, but something needs to result in your activity. Wood working is a hobby that produces tangible results, even if you are shit at the skill, and no one wants to buy your bird houses. Over time, as you develop your skills your results will be that much better. “I'm a mega millionaire though; I don't care if they make money.” Perfect, then you can just give them away. The object that results from your work is not the prize. The prize is in the doing, not the done. “He might be a millionaire, but *I'm not*. Isn't wood working expensive?” No, not really. It seems expensive, because machinery like joiners and table saws can be hundreds of dollars each. I have quite a few power tools but I didn't get them all at once. My first project was a shelf/cabinet that I made out of handsaws, Chisels, Clamps and Glue. This was so I can put all my tools on the wall instead of my table. The next thing I made was a workbench, no power tools. The wood can get expensive depending on the pieces you plan on making. Stick with small pieces if you are trying to save money but want to get some practice in. Put a focus on joinery. Maybe try making a small dovetailed box with a lid. This isn't a “how to get started in woodworking” tutorial, so I'll move on.

Brewing beer is another hobby that is a great way to focus on perfecting a skill while getting tangible results that all your boys are going to love. After my equipment, brewing beer costs me 7-8 dollars a gallon. That's about a dollar a pint (\$0.75 a 12oz). Equivalent micro brewed beer is easily double that at the store. The equipment is the investment. This hobby can pay for itself over time in savings. Unless, you are like me and buy Keystone Light 36 packs. But if you are a beer enthusiast and want to do something that is basically cooking, home brewing could be for you. You can get started for probably \$200, easy.

If you have the space, gardening is another great option that has *produce*. Anyway, I could go on with interesting activities that can grow you as a person. I shared these because they are some of my “major” hobbies. It's important to do what you enjoy. Enjoying what you do is the tricky part. You spend all day at a job; shouldn't you at least *try* to enjoy it? We impose misery upon ourselves when we fight our work. We wake up dreading work, wishing we could just stay in bed. Why? I've been in that position before. There are plenty of reasons to hate going to work. Maybe you just hate *that job* and not work in general. This, I think, covers most people. Maybe the job isn't bad but the coworkers are a complete mess. Maybe you don't mind the work, *per se*, and your coworkers are okay. You feel the job you do is completely meaningless. I can't speak on anyone's specific circumstances. If you do not like your job, what do you not like specifically? Why did you take that job initially? You need to pinpoint the reasons why you are unhappy with it and then think in what ways you can change yourself to relieve that grief. Some of these changes will be multiple steps. Quick example: If it's because you aren't paid enough, you will have to first list reasons why you aren't and then meet with the person in charge of your hourly rate. A reasonable person will hear you out. If not, you can show them how much you are

worth when you get a different job. That is, unless you *aren't* worth more. In this case, you have to decide if you want to be more valuable, if not, sorry.

In all these cases, identify what is it is *specifically* that is causing you distress. I stress this because it is easy to be general about it and then have no real action plan, even if you *want* to change it and not just bitch about it. If you have a general feeling of meaningless about your job, a good starting point is to ask to meet with an executive level person. They will likely make some time for you if you are open about it. Tell them that you would like to learn about what the company. What do they do? Who started it? I have liked my current job from just about day one. My bachelor's degree is in this field and I like the people, overall. I get decent compensation and I am not overly stressed about my work while there are challenges that keep me thinking. I couldn't have scored a more gravy package without having to relocate for this line of work. If I had a gripe, it's that I work a split second shift, and probably a little more in the paycheck. "Land your plane." The point is that my company is small enough where I could very easily talk with the president and many of the executive staff. The owner even shows up periodically, as he is retiring. I am also in a position that is frequented by Salesmen, the floor guys, dock guys... you name it. Our technical department is tacked on to many things. So I can see and talk with people way above and (not too far) below me. Being able to see beyond my role at work has really given me a positive perspective. I don't feel like just some schmoe that does his thing and leaves. I feel like (and am) an important part of our success as a business. This outlook will improve the quality of your job, as well as the quality of your work.

Mind Palace 101: You, meet You

There is another "you" within you. Your "other you" is not intended to be the captain of the USS Meatbag. Your "other you" needs a leader and wants to be lead. When you abdicate command, it will take over and do a very poor job at it. It will be aimless and chaotic, generating a great deal of psychological turmoil. Although you can't speak with him or her, it is possible to communicate. It is very easy for us to talk to our silent counterpart. We can talk all day at it. In order to hear what it is trying to say, you must first need to learn to listen. Living in harmony with our silent counterpart is the basis of the wholeness of self.

Stay Awhile and Listen

It is likely you have never communicated with your counterpart. The best first step is to practice some meditation. Meditation is not what you see in movies. It isn't just sitting on the floor chanting, attempting to "clear your mind". There is a good reason why Hollywood has no idea about it. You have to do anything but clear your mind. Meditation is intense focus.

Your counterpart is the advanced intelligence that controls your viscera. Although it does not reside in the brain space we call active mental thought, it dominates just about everything else. Your conscious mind space is one half of this symbiosis. The other half is your brainstem and spinal cord, with the numerous nerves spreading out and completely integrating with the body. This intelligence will process and execute the many "commands" that are taking place without your active thought.

Dreams

This is subconscious communication through the filters and limitations of the conscious mind. These dreams are the best interpretation of the activated substructures by the prefrontal cortex while in sleep. The imagery and activity of your dream is an interpretive expression of these complex “thoughts” of the deep mind.

The Mind Palace

The Mind Palace is the final result of the resolving of an individual in a state of balance through a mastering of the subconscious and discovering negativity with the tools to replace it with positivity. The tower we are all building is leading to this big beautiful door. This Mind Palace is the place your right brain resides. Entering it, when ready, is meditation. The typical person, one who may have all type of baggage in life, will periodically enter this palace in a dream. This entry is “unearned” and will have side effects. Mainly, the right brain will be in control of this experience and depending on its current state of mind, it could be a pleasant or scary experience: Dreams and nightmares. This is a very powerful state to be in, but it is rarely utilized. Just about everyone who realizes they are in this state just shake back to consciousness. This is what happens when your left brain refuses to accept the environment the right brain creates. Some people, however, can accept the environment. Usually, this is a passive acceptance and they are along for the ride. Active acceptance allows the individual to manipulate the environment without destroying the continuity. This is what is referred to as “Lucid Dreaming”.

See You on the Otherside

That will about do it for now. Some of the most valuable things in life take effort. If you haven't caught on to the theme, laying the groundwork is the most important step. Anything you build has a foundation. It's that solid ground to which everything is upon. Proceeding, your tower is only ever going to be as glorious as it can handle. Don't worry though, people who look for truth will *always* find it. But, not everyone is willing to accept what they find. You will, though, right?

LEVEL 3

TO ASCEND TO THE MIND PALACE AND LEAVE BEHIND THAT WHICH IS WITHOUT FOR POWER WITHIN

Introduction: Enter the Mind

It didn't take too long; right, to get to where we're at? I've had a good time so far, wouldn't you agree? You've dug the pit; you've built the tower, now what? "So are we going to dig into how to actually get chicks and wealth?" Ugh, sure, yeah. We'll get to it. Rome wasn't built in a day, okay. It didn't take a week either. I'm not exactly sure how long Rome was built, but it is a big city so I'm sure it took quite a while. We'll get to it. You have to trust the system, my friend. Believe me; before Demetrius brought me in as his protégé and right hand man, I



was a mess. I couldn't even put two sentences together in front of a QT

3.1415 babe. These days... I am *totally* slaying some poon. Yeah, like, all the time. Just the other day, I was sailing on the waters outside Montego Bay and we had a buffet on the ship. Well, I munched hard on some Bistecca Fiorentina (had to pass on the shrimp scampi, since I'm allergic to shellfish) and the whole crew was there. Let's just say, I went back up for seconds, but I digress.



You can't achieve great things (except out of luck) without access to the Mind Palace. All the greats go there and you will be forever a complete meme of a human if you don't pay attention. Building a tower that can reach the mind palace is just the first step. Entering the mind palace is phase two of your transformation to a true complete human, a human that eats porterhouses on Caribbean beaches. If you aren't eating porterhouses already, what's wrong with you?

Mind Palace: Welcome to your New Home

If you haven't gotten your meditation down and can't clearly arrive at the door to your palace, make sure you become comfortable with this before proceeding with attempting to enter. Opening the door takes great focus, but is astounding. I won't be able to tell you what you will find beyond this doorway. "Why? Are you not some Guru?" No, listen, the Mind palace is the reflective representation of you. It will appear to you how *you* are. There are two dynamics; your left-brain Self and your right-brain Mind Palace. The layout may be completely different to that of another Thaumaturge. I will say that the size will usually be small upon first entry. With training, the size will grow. Rooms will be added, whole wings even. What I have found is that everyone has a vestibule, an entryway centerpiece from where the rooms build. When I first entered, I had a very *cozy* den to the right of the entrance and a pair of rooms with odd art pieces. Since then, I have grown it to quite a remarkable size; however I spend most of my time in the Library.

You will, for sure, have a modest layout. Don't concern over that, just explore it. Make sure to stay focused and take it in. Later on, I will teach you how to do renovations. Rooms are not the only additions you can make. You will be able to fill it with objects and, for the most advanced, create animated beings. "So, I could get a butler for my Mind Palace? That's dope." Yes, exactly, but not exclusively that. "So, are these people "alive"? That doesn't make sense!" The entities are "practically" alive. This is a little advanced, but since you asked. These creatures are fully alive, but are not independent of you. What you do is use a piece of your own consciousness and it imbues their corpse as an "object", and they animate. Think of it as one computer running two separate processes. I guess it would be sort of a "Dissociative Identity Disorder" but you can interact with this separate identity. I'm not sure if there is a limit to this, but I would imagine that one who is particularly advanced could sustain more than one who is a novice. "What are you talking about, dude?" Hey, well, *you* wanted to know. Don't worry about all that. When you get to that level, it will make plenty sense.

Money: Tools, not Toys

So, money is a total meme. It's just something you can use to make other things happen. In this "modern" day, you do need some money because you require resources to live. You need food, a place to live, and so on. Do you remember how I said that money is a medium of exchange? Well, in order to *lawfully* acquire money, you must first "sell" something valuable to someone willing to buy it. "Okay, I get that..." I'm sure you do. That is as basic as it gets.

BROKE: Worrying about money.

WOKE: Not worrying about money.

You should be at a point now where you aren't wasting your money on useless things. Over time, you train yourself to not "need" those useless things. You need to focus on what you can provide and achieve in respect to the world and not what you get out of it. Focus on the "something valuable" part. Worrying about how much you would or should get paid for something, especially before you even finish it, is a creative casualty. This does not mean you should do everything for free. That is ridiculous. You should absolutely get paid for things that you do, but it isn't for *you* to decide how much. Money isn't just generated out of the ether. You have to negotiate with the buyer, just like how you negotiated a higher pay from your employer because you described with specific detail why you are worth more.

Having what it takes

Not everyone will be, or can be, wealthy, because not everyone can, or will, produce things of great value, as well as everyone not having the same abilities or circumstances. The fact of the matter is that some people are as dumb as bricks and others are lazier. The best mode for a dummy (both in intellect and know-how) to get wealthy is to get very lucky or be gifted it. I believe that, for the most part, people aren't *too* stupid on average to be well off. Your average person has the brainpower to keep themselves financially secure. Brainpower isn't the only metric, however important it is. If you are a fool, you will not keep the wealth you managed to gather for long. Being stupid and being a fool isn't

the same thing. A stupid person may lead a fulfilling life if they are wise. An intelligent person will lead a life of misery if they are a fool.

The short is: Focus on providing something of value, and let people give you wisdom. Learn from other people's mistakes.

Propaganda: To Hide Truth, To Spread Lies

For the nefarious ne'er-do-well, propaganda has two modes. One mode is to spread lies and the other mode is to conceal truth. These modes work in tandem to create a false narrative. Of course, this doesn't mean that everything is fraudulent. As I explained earlier, hard to dispute factual evidence framed correctly is usually better than outright lies that are easily debunked. The best lies are the hardest to debunk, even if they are bold and outrageous, and I might add *especially* if they are bold and outrageous. This concept transfers to "arguments" where a crab person would make a ludicrous claim, relying on many assumptions that are untrue, that is mentally difficult and long-winded to "prove" false. These arguments are developed by the propagandist as talking points to be distributed through their networks and are hastily eaten up by their thralls as they cheer blindly for the talking heads. Every fresh batch of right-think is worshipped as God's own words. The thralls will regurgitate these points, however, lack any understanding or logical process that underpin them.

What is happening here is a clear inversion of the Trivium. They are fed establishment Rhetoric. This rhetoric, approved by the elites, is then given "logical" backing though such means as lying, obscuring of facts, threats, and so on. These are layered with many "reasonings" that are outright lies or unfounded claims, whereby adding "strength" to these rhetorical ideas as they are difficult to deconstruct and rebuke by dissenting non-mainstream (non-approved) people. And, finally, new words are created or old words are changed to fit the approved logic.

For example, claiming something is "racist" is an intellectually easy claim that "forces" people (non-minorities, lol) to react defensively while having to quickly rationalize that claim (there is no rationality, often) and give evidence that the argument *isn't* racist. An average person doesn't usually have facts and statistics committed to memory as well as sources for everything that the one who cried racist will certainly demand, although they will have next to nothing to back up *their* claim. Do not be silenced by these irrational claims. Stay calm and do not respond defensively. When a crab person claims, "Voter ID is racist." *You* demand they explain why. They will likely respond, (and I swear to WEW) "Voter ID is racist because it disenfranchises blacks because they are too poor to get IDs and they do not know where the DMV is at." This was an actual quote by a racist white leftist college "student" trying to show me how *not* racist they were. He and his white savior complex be damned, he was going to protect those poor blacks! Frankly, these people could give a half a shit about black people. They are just convinced that blacks are "on their side" (or on their plantation) and will help them, unless they don't toe the line. You see this in real time whenever a Black man tries to think for himself. Leftists of all colors pounce on that "coon". It is sick. The *real* reason they think it is racist is because they were *told* to think that way. The elites do not want voter ID because it will complicate the hell out of their voter fraud schemes.

Gaslighting

Gaslighting is a mind control technique that abusers and elite propagandists, alike, love using. The goal of Gaslighting is to trick the victim to doubt their own beliefs and perceptions by systematic deception. What you heard, you didn't hear. What you saw, you didn't see. What you said, you didn't say. Another goal is to divert the discussion from the topic at hand to the victim and *their* behavior. "You're being too sensitive." Or "It was just a joke." The manipulator will often play a victim when challenged and will accuse you of being unkind, dishonest, stupid, distrustful, and so on. If the challenge persists, it will likely lead to anger and intimidation, even threats of violence, if you do not accept their (false) version of reality. Many people tend to be empathetic and will concede that they may be wrong as a humble person would admit that they are not always right. This plays into the manipulator's game. Psychological projection weaves in well with the process of Gaslighting. Usually the abuser will project their own sins onto the victim such as a cheater accusing the victim of being a cheater, or a racist accusing the target of being racist. These are usually the antics of a sociopath.

"So what do I do when some dick is trying to gaslight me?" This is an attack on your self-esteem and your perception of reality. A good first step is to protect your self-esteem by understanding who you are. A person with a strong foundation and a big gleaming tower knows themselves. Do not allow someone to force a false reality upon you because you are "unsure" of the *specific* details. Refuse to accept their lies and projection by putting *your* truth above theirs and demand proof. If you know they are lying, call them a liar. Don't bother taking the "high" road by not defending yourself. "Taking the highroad" doesn't imply allowing slanderers to go unchecked. Of course, it's all about tact. Unsolicited harassment of a crab person is going to come across as shitty to a normie, even if it's just. But, if that crab person, who is probably a pedophile on the low, takes a stab at you... you send off a MOAB in response.

A helpful way to keep your facts straight is to maintain a personal journal. The more details you include, the harder it will be to get you to question your own perception. Unfortunately for crab people, they have long since given up their own perceptions to that of the narrative. This gives them great psychological distress and will often run back to their decision and opinion makers for their "truth". These opinion makers are usually MSM talking heads or sold-out, hack, or washed-up entertainers with a crypt full of skeletons in their closet.

Crab People: Elite and their Thralls

I have talked plenty about crab people and what they are about at the lower levels. What about the higher level crab people? The people pushing crab propaganda, who are they? There are two types of crab people: Those who are being manipulated, and those who are manipulating. There is intermingling of the two, as well. Those who are both are usually people in academia, mainstream culture centers and governmental bureaucratic positions. These people are encouraged or placed in these areas as middle men manipulators. Academia puts fresh crabs into journalism, science, education and business. It is much easier to infiltrate large scale private enterprises if you can brainwash a kid during their 4-5 years of fantasyland and have them go off to wherever, believing in nonsense. This is

why there is such a push for “free” education at the post high school level. A child making the decision to take on tens of thousands in collateral free debt, going to an institution that gives them a fraudulent education and then going out into the world in their early to mid-twenties just to find themselves back at their parents is a good deal for totalitarian Asshats. It is wonderful that you can’t get that awesome job you were promised by your indoctrinated crab advisor in High School and now you are working all the time in a dead end job? Your manager was reluctant to even hire you based on your credentials being, on paper, well beyond what is required of you. Good thing your parents are financially stable enough to let you stay at their place while you pay out 1000 dollars a month in loans for the next 10 years. The banker said you could *only* pay half that if you were put on a 20 year payout plan. Unfortunately, he didn’t mention the 10% interest.

Anyway, these are perfect conditions for a miserable, poor, disillusioned crab in the making. Choking on debt, you fall for any sleazy con-man that says, “If you vote for me, your college will be free!” You are too stressed out to realize that is never going to happen. But you aren’t going to push blame onto others, are you? The crab elite are pathological narcissists. This is why they are so good at gaslighting, and why non-narcissistic normies so easily fall for it.

Artificial Intelligence

Alright... so the zeitgeist is pretty clearly shifting focus to Artificial Intelligence. I’m well aware of it, and more people are bringing it up. That’s just consequential to my position. I’ve been receiving and decoding transmissions for over a decade now. When you follow the trends and the news articles and the events going on, you start reading between the lines and seeing some of the strings that control the system. Like a child gazing up at the mobile above its crib, you see all the fun dangling ornaments on the lowest tier. This is what the average person sees. Stare at the mobile long enough, and you will begin to see the beams and strings beyond and above. This is what it’s like for me and many others who are crawling out of the cave.

AI. Yes. Okay, the Elites are fascinated with the concept of artificial intelligence. This is not unique to them because there is much to be excited and interested in regarding this technology. I want to put a spot light onto this concept of “Technology”. Nothing under the Sun is “Evil Technology”. Technology is a body of infrastructure and knowledge wielded to create tools. I would say that things used merely for entertainment is a “tool” as it is used to facilitate a process. At any rate, technology tends to advanced humankind into epochs that alleviate problems while perhaps creating new ones. Advanced farming technology yields more people. More people need more resources. AI is just a technology, albeit far more advanced, like crop rotation or the transistor. At any point in history, the Transistor was possible to exist. It was only the accumulated knowledge of humanity, though the progress of technology, that developed a solid state electronic switch that could feasibly be reduced to microscopic scales to actually exist.

“Why are you talking about transistors, dude? Oh...” Yep. The transistor made modern computing possible. Your central processing unit (CPU) is an integrated circuit chip that is full to the brim with transistors. So, how about those computers, eh? ...Pretty dope. Well, computers are rapidly

increasing in computing power and speeds. Moore's Law says that computers double in power every two years. Of course, the speeds haven't doubled every two years. What a dummy, right? No, humans thought up multi-cored processors. So, what does all this have to do with AI? Well, just like hardware is increasing in power, software is getting better, as well.

These days, learning robots are pretty good, like Robots that play Go or Chess. Robots are pretty trash at tracking a conversation and are easily outed. I want to take the time to briefly mention that having "catch phrases" with your friends is very important. If you are kidnapped and an android replicant is sent to replace you, your friends will need a "tell" to know if you are compromised. I would tell you those that I have with my crew, but that would defeat the purpose of them. It's like Inception where the people have totems they carry on themselves at all times. Each one has a trick that someone who creates a dream would not know, and so they will function how you normally would expect them to in the dream. The owner of the totem would realize they are not behaving normally (abnormally) and that was their clue they were caught in a dream of someone else's design. This is the same concept. Establish memes, or idioms, or phrases that really only make sense to the real you and the real them. This is like using encryption online. Spies in the movies use passphrases often but they are usually not incognito enough for a computer simulation or an android to miss. You need to seamlessly integrate your passphrases by encoding them in your speech patterns and idioms, but I digress.

Artificial Intelligence is on the rise, and some spectacular things are on the horizon. "But why do the Elites like it so much?" It is part of their global domination plans, an integral part. An AI that can run simulations and calculate solutions to convoluted multifaceted problems will be massively useful to biomechanical systems as well as internet data scavenging, to name a few. An advanced AI could provide the computational horsepower that a pile of people could only hope to do. The hardware and software are rapidly increasing in power and complexity.

Mental Degradation: Methods for Mental Enslavement

To contrast the advancement of Artificial Intelligence, the degradation of Human intelligence is on the forefront of the Crab elite's agenda. You see: fully conscious people who are happy and determined to be successful are the antithesis of the New World they are designing. In order to have a shot at their technocratic nightmare, people need to be dumb, docile and domesticated. The Ideal Numale is weak, physically and mentally. These people are called "Bug Men". The Bug Man is a vapid materialist that has built their entire persona on their consumer brands. The Bug Man is a victim of arrested development and acts like a pre-teen, well into their late adulthood. Those who manage to procreate will be completely subjugated by their wives and their children will be out of control. At best, their children will grow to hate them but have arrested development as well.

BigPharma Chemical Lobotomy

The number one pharmacological process of mental degradation is the over prescription of psychotropic drugs to neuro-typical children. BigPharma absolutely loves the mass prescription of expensive drugs as it bursts their pocket seams with cash. These are slow drip chemical lobotomies that turn a person into a script reciting NPC (non-player character). Often these are things such as methylphenidate HCL that lead vitality filled young boys into a comatose zombie state that allows for calculated anti-male propaganda to sink in. Current government ran schooling creates an environment that encourages “shut up and listen” methods of “teaching” and requires children to sit quietly for hours, listening to meaningless, uninteresting lectures by bored liberal arts majors that just wanted an easy, well-paying job with a three month summertime vacation. God forbid your children “act up” while being subjected to such nonsense. Dopamine reuptake inhibitors in the brains of developing children cause damage to the nucleus accumbens structure. Some children end up developing a manic-depressive disorder which is then gleefully “treated” with selective serotonin reuptake inhibitors.

Sickness and Disease

Garbage food and poison shilled as medicine work together to keep us sick and miserable. Poor diets wreak havoc on our bodies. It doesn't take a genius to do research on the negative effects of obesity, or high refined sugar consumption, or the phalates in plastic to name a few things. Of course, poor diets are a matter of education, or lack thereof. No one is specifically *forcing* us to eat poorly. Long story short, we are in a mental fog when we neglect the health of our bodies. We are completely intertwined with our physical self, as I mentioned before. “What should I eat, then?” To make it completely barney-style, eat that which grows out of the ground. I'm not saying that all food that isn't raw produce is bad, but it is a good start to quickly switch to a healthy diet. You will need to learn how to cook. On the topic of disease, as they say, cleanliness is next to Godliness. Keep your house clean and keep yourself clean. Don't let dishes stay in the damn sink for two weeks so it can grow a new kind of mold. Don't stress about making a 100% change. You will burn yourself out if you attempt life changes on too large of a scale. For example, if you don't ever run as an exercise, don't start your first day sprinting a 5K. You will hurt yourself and wind up never wanting to run again. Start at a walk, and then walk a little further. Jog a little, and then jog a little longer.

Ideology and Eugenics

There are quite literal means of guiding a population to ever shrinking intellects. The cult of death, which abounds in today's world, thoroughly enjoys their widespread eugenics program that makes infanticide convenient. Inhibiting procreation is a great way to “nip it in the bud”, so to speak. The Elites adore these programs. Look at the stats on who gets “abortions”. This will clue you in to what the elites really think of the communities they claim to help. Notice what groups the elites push childlessness on. How they convince women to abandon femininity for “feminism”. They are actually antagonistic to being a woman and demand women be male. It is always, “women aren't ‘allowed’ to do man activities! We need to make women do male activities!” They harass women who would want to

be something as “lowly” as a mother. These tactics are used against undesirable populations that do not lockstep with the establishment.

Men get the same treatment in a different flavor. Anything male is “toxic”. Just look at examples of nu-male bugmen to see a picture of what the establishment pushes as “masculine”. It’s a bizarre low-T facsimile of a stereotypical female that is questionably homosexual. For the homosexuals out there... and stats say there are a few, what’s with the gay accent? I have known people who were pre (closetbois) and post (gaybois) who quite dramatically changed their voice patterns to a strange valley-girl thing with the S-lisp, vocal fry and up-talk. Cut it out, you sound tentative, insecure and weak. You shouldn’t be these things by now, homeboy, but I digress (again). The masculinization of women and the feminization of men is part of the elite’s plan to homogenize the population to remove identity and create internal strife to a person tricked into not expressing who they ought to be naturally.

These things work together: psychotropic drugs, poor health, and the imposition of unnatural behavior. The goal is to make one so confused and life so miserable so that it increases the desire to “escape” instead of seeing what is really going on. This world is so horrible, I rather just check out than fight back. This attitude doubles down on the destructive patterns that produced it.

Mind Palace: Additions and Renovations

Alright, so there are a few things you can do in the Mind Palace to facilitate its functionality as you expand its possibility. Let’s talk about expansion. This is hardest to produce but easiest to sustain. Adding rooms take focus, but as you acclimate to the room, it crystalizes and requires less focus. For the musicians out there, it is like learning a new song and singing along. Initially, it is clunky and you have to focus on your strums and note changes as you are not familiar with them. As you learn the patterns, you throw in the vocals and the next think you know; you are performing a song without much concentration on really either of these elements. This is the same thing. Golems are another advanced topic I mentioned, and the process is similar as far as familiarity and practice lead to lower concentration requirements. The nuts and bolts are different.

Adding Rooms: The Den

As you fill your Mind Palace, there will come a point where you need to expand. Adding Auxiliary Dens, Libraries, Laboratories, Nexus Resonators, Store Rooms, Vaults, Portal Rooms, Arcane Zephyrs, Non-Euclidian Obscuriums, Nether Conduits, Synchronatic Auditoriums, and so on, will be vital to your progress. “You lost me after Laboratory.” That’s fine, for the novice, the Den is definitely the most critical and a library being close second. Some novices have a Den preloaded, albeit basic. The Den is where you will first conjure focus and define and distill nether essence, although this can be done elsewhere. This is a “building block”, so to speak. I will elaborate on that later on. It isn’t going to be useful for you to know until you construct the Den.

Outside the Mind Palace, create a list of attributes that will lend to a peaceful environment. For example, say you would imagine a locale such as a slow moving stream deep in a deciduous forest, maybe ghostly blue Will-o-Wisps are in the air, the calming sound of the gentle stream sliding over the

smooth river stone bed. Off in the distance, a small waterfall churns a pond. Song birds sing together past the cool haze in the distance. Fresh fallen leaves rustle under your footsteps as you walk through this absolutely serene creek valley. An Ethereal hum fills your mind and the crisp air fills your chest. Your Den could resemble such a grove. Within this Grove, what could you sit on? Are there things for you to track your thoughts, A Desk and Pen? While inside, remember that scene and focus. The environment, the sounds, the smells, these should be singled out then rejoined to the whole. Leave and reenter this space and create familiarity with features within it.

“What’s your Den look like?” Great question, it is quite cozy. Through the entrance to the back wall of the room is stone fireplace, a warm rolling fire wraps the ash logs and casts a flickering orange glow on the Oak floor below. The firebox is surrounded by smooth stone stretching past the live edge wooden slab mantel to the top of the high pitch vaulted ceiling. The over-mantel holds the head of the Great Whitetail Stag, the Lord of the Woods. Its spirit roams the wilderness, the wound of the broad head yet marking its side. Before the hearth, stands a coffee table, upon it an ash tray and whiskey tumbler. Around the table, there is a pair of dark walnut leather armchairs. The smell of Spanish cedar and Connecticut Broadleaf lingers from the left from a built-in humidior. To the right, a hutch with glassware and a decanter, half full of a delicately aged single malt Bourbon, waiting to release its warm roasted white Oak aroma. To the left of the hutch, there is a window out to a Pine forest vista, dusted with fresh white snow, gently shifting with the frigid night air and shimmering from the perfectly clear starry sky. The great rift in the heavens cradles a full moon, beaming pale silver light inside.

“The Den is the reflection of the soul.” –Demetrius Peptovich

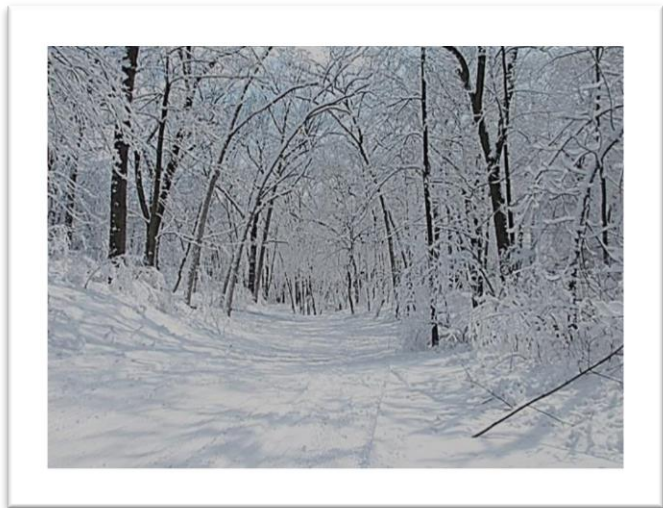
Race Surrealism

Race is real. There is nothing wrong with this. You have to accept this fact. All people have the capacity to live positively in a culture that suits their specific situations. By that, I mean, there is a certain culture that is conducive to the best possible outcome for any group. From this culture, a certain governmental system will arise that reflects the culture, for better or worse. When culture takes a nosedive, the State quickly follows suit. So, of course, the cultural saboteurs are there to bring in the subverted state apparatus. A solid, positive culture isn’t going take lightly to a hostile takeover by anti-culture degenerates. This is the goal of cultural subversion.

“So left to their devices, any group of people will generate a positive culture?” No. This is historically obvious. I think that, left to their own devices, a culture will develop under the premise of self-preservation. People, that aren’t under active mind control, will seek to serve their self-interest. Groups without a “past” will be handicapped, all things equal. Groups with a past but without the desire or aptitude to study it will be as if they had none at all. What I’m not trying to beat around the bush about is that people, and by extension a group, with a low consciousness will not, generally, choose to seek high modes of human interaction. Groups with increased intelligence will tend to seek higher modes of human interaction. Teamwork is a major example. If you want to make a population smarter, make it hard for dumb people to survive. Some locations with primitive technology have this naturally.

Other locations have a beautiful year-round climate that you could run around naked and just pick food up off the ground.

Look at this picture. Try being a dumb asshole and survive here. I'll see you next spring, chief. Now, add thousands of years of selective pressure. What do you get? You get people who work together and plan for the future when your world seems to actively kill you. This is higher level thinking. Did this environment add teamwork? No, it just subtracted people who *didn't* have it.



“But, I don’t want to kill dumb people, dude. Wtf” You don’t have to KILL dumb people. That’s not what I’m saying. I’m saying the *world* will kill of dumb people just fine. You shouldn’t help a dumb person if you do not plan to train them in your virtuous culture. A good culture will encourage people of low intelligence to rely on culture for their behavior, this is demonstrable. (This is distinctly different than encouraging dumb people to rely on the *resources* productive people generate) People tend to defer to the culture as an easy out of psychologically justifying their actions. Culture has encoded within a form of mass “wisdom”. This “wisdom” is what is deferred to by those within the culture. This is the encoded norms and faux pas, the dos and don’ts of their society. This is psychologically comforting to a person of low intelligence, indeed as well as someone with high intelligence. Additionally, even if a cultural norm is objectively shitty, people will propagate this norm in order to remain a part of the in-group. People who are introspective and think for themselves tend to rise above initial cultural breakdowns. This is why when culture goes to shit, it’s first the dumb people. My thesis here is this: Intelligence encourages introspection and accelerates abstract conceptualization. Basically, people with high IQs think faster. There are debuffs that are associated with thinking *too fast*; those usually do not outweigh the positives when it comes to survivability in a hostile environment. However, those at any reasonable range of IQ’s can be a positive member of civilization if the culture is virtuous and they allow themselves to embrace it. When the path has been laid, even the most clueless people could find success if they trust the wisdom.

“Wisdom and Intelligence are different: one gets you out of problems the other got you into. Ha, no, but seriously, the intelligence of a fool is worthless.” –Demetrius Peptovich

Machinery and Nature

Machinery, and technology, is a low dimensional process. This doesn’t mean its “evil” or “Lesser”; however its rightful place is that which is in service to Man and the higher dimensional process of Nature. Nature is indomitable while machine is dominated. The will to wrangle nature is a low thinking process while the desire to create technology is a high thinking process. Placing oneself below

machinery is contemptable, but to place oneself above nature is arrogant. The Bugman is nestled squarely under the glorification of his machines, while the Elite are attempting to rise above nature through mechanical means.

Evil entities gravitate toward low energy frequencies because of how they desire to dominate, regardless of the frequency level they are in. They are rejecting the order of things, refusing to accept their position and rise in consciousness; therefore, they descend in consciousness to lower frequencies.

Machinery

I just need to come right out and say it; Machinery is a creation of man. As a creation of Man, its natural position is below man. A tool should never be exalted. I suppose, in the same manner, a tool should never be vilified. Tools and, by extension, technology are absent of conscious thought. A shovel doesn't decide on its own accord to dig a hole. "Obviously..." Don't get snippy with me. It is baffling that which gets taken for granted, assumption or otherwise. A good example is weaponry. Anyone with a sliver of sanity can recognize that means is immaterial, only the motive matters. "Where there is a will, there is a way" as the quip goes. Of course, the more astute of us see the focus on the 'what' and not the 'why' is usually wielded to *remove* that certain what and not the why because of the power that particular thing grants the individual against the collective but, that is for another time.

Machines are an extension of the man. They are a creation of order from chaos. Machinery being a lower frequency concept will sound like I'm being negative to it. I will say it again, "Machines are an extension of the Man." Our creations are a part of us. When objects are used in a way that is destructive, that is the fault of the man, not the machine. Objects are used, in glory and creation or destruction and death. This is the doing of the man not the machine. I'm belaboring this point, because it's important to fully understand that the onus of activity is squarely on the maker not the made.

Machinery, and technology, can be beautiful when created and used in service to life and the natural order of existence. To give a small example, A prosthetic Limb to enable a crippled person to be more "whole" in body, enabling them to be more self-reliant, would be a creation in service to life. I'm not going to list out all the horrible ways technology is used to pervert natural order (usually by means of inversions), degrade beauty and thwart positive expression. All that kind of talk will unjustly condemn the natural expression of man toward creation and construction. It is *good* for humans to be creative and constructive.

Exalting Machinery is an inversion of the natural order. Those who reject high frequencies tend to do this and as a result, find themselves placing themselves below it. You'll soon see this in the bugman circles. Having an AI run everything is peak bugman machine worship. This is basically saying, "I live and am of a world that is not a utopia; however, I somehow believe that I, of all people, can create something that can bring about worldly perfection and harmony." The arrogance of this aside, this is insanity. A man can never create beyond and above what they are, in a macro and a micro scale. Some people can create cooler and more useful devices than others, but any individual person cannot, through their own self, create, do, act, and say that which is greater in the natural order. Of course, this

doesn't translate one to one while in the Mind Palace, but we'll get to that later. Mind Palace mechanization is a different level, but the natural order holds true.

Nature

Okay. Machinery is a lower frequency product of higher frequency activity, right? Well, Nature is actually similar in a way. Earthly systems are the mechanizations of the Celestial dimensions. This is why, at the lowest scales, Life is machines. DNA begets RNA through RNA-Transcriptase; the ribosomes translate triplet codes and join amino acids together based on its blueprints. These amino acid chains bend and shape themselves based on their structure to create the alpha helix, beta sheets or a combination of the two and then combine into tertiary structures that do what they are designed to do as dictated by the plans.

I don't plan on including an entire course on cellular biology. I am a Bachelor of Science in the field of Chemistry with an emphasis in biochemistry, so, believe me, I want to. I spent a few tens of thousands (and got an Honorable Discharge from the Armed Services along the way) to get it, so I would be just trying to get my money's worth. If you are interested, I'm sure there are basic genetics and cell biology resources littering the free internet.

So, terrestrial life is as pure and as miniscule as you can theoretically make machines. Out of biology, transcendent properties emerge. I believe it's called 'emergent properties'. Our machinery is sophisticated and complex. We are creatures that truly exist on multiple planes of existence in parallel, for better or worse.

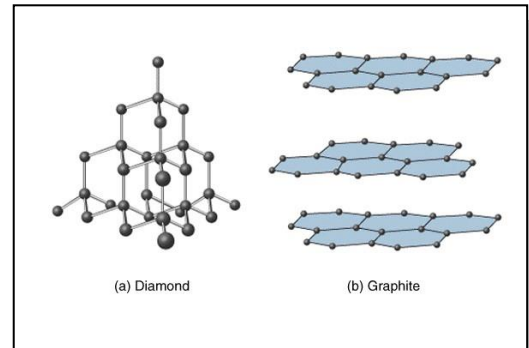
Nature can be understood as natural order, and I have used both so far. Terrestrial Nature is Life and its interactions with other life. It exists in a state of balance with the countless forces that sway it in any number of directions. These forces can be natural disaster like floods or fires, the abundance or scarcity of food or water, predators and prey. All of these factors work in the insanely complex system called the biosphere. At risk of sounding like some hippy, balance is natural. With this being said, balance isn't the *goal* of nature. Balance is just what happens in a complex system that works importunity. Not enough prey, predators die off. Not as many predators, prey flourish. This back and forth settles while these systems find equilibrium.

Chaos and Order

In the terrestrial realm, there is no true chaos. All systems can be resolved, but this resolution is restrained to the limits of your ability to measure starting conditions and understand physics. "What about quantum particles and, like, the Heisenberg uncertainty principle, and all that?" Good question. What about it? Heh. No, that level of physical existence is bound to higher dimensional activity. The "duality" of the photon and all that other stuff resides under the celestial realms. There are separate realms, but were all bound to one cosmic existence. It's all connected. The sub atomic levels are where people start to probe the meshing or fabric of the celestial realms. Remember Emergent Properties? Subatomic particles are such a phenomenon. These particles interact with each other in such a way as

to create atomic particles, and up it goes. I can, and probably will, go more in depth into this topic in later levels.

Chaos, as we know it, is that existence is more complex than we can comprehend. It is, as well, something that lacks purpose and structure. The take away: Do not fear complexity beyond your comprehension. Cosmic Chaos is limitless potential and energy. Cosmic Order would be perfect alignment and a complete exhausting of energy. In physics, and applied physics (chemistry), the state of plasma would be comparable to Cosmic Chaos. It is wildly energetic, so much so that even atoms shed their electron clouds and ionize. With enough energy, even a nucleus could tear apart. To contrast, the solid state of matter would be like Cosmic Order. A Diamond is a widely known solid. What makes the diamond special is its interlocking lattice structure. The carbon atom, as those who remember high school chemistry, can form covalent bonds with itself, up to four. The diamond lattice is so incredibly hard, for this reason. Its atomic structure is as sturdy as you can make any material. Diamond is chemically identical to graphite. Graphite's structure is in flat sheets stacked up. It is brittle as a result.



Physics has a term for this orderedness and disorder: Entropy. Entropy is the state, or measure, of Chaos. The more entropy in a system, the more configurations it has. In the case of a solid and a gas, given similar parameters like one mole of water in box with equal volumes, the solid will have less entropy than the gas. Ice does not have free range of movement and inside that system; the microstates are limited to the crystal lattice. Steam, on the other hand, is bouncing all around. The set of microstates are much larger, position and momentum. This is entropy. These molecules exist and have position and momentum, but it would be incredibly hard to track 6.023×10^{23} of them with precision.

“What does this all mean?” The Order and Chaos dynamic is important to the purpose and design of the cosmic structure. We will go into greater detail in later courses. My main point is that there is a natural dynamic of flowing chaos and expending energy to create order is good as it is our purpose to do so.

Conclusion

The crab elite are trying to keep us from entering our mind palace, and their workings create the likes of the Bugman. The Mind palace is where we tap into our true power and can fully maximize our potential. Chemically and culturally oppressing our mental capacity with fear, sickness and consumption, they want us in a perpetual state meaningless toil and confusion through lies and distraction. It's pretty comical, knowing this, to see people starting out in the right track get attacked and mocked. It exposes them but there is nothing else they can do. They must keep pushing the propaganda and the lies. I get a glimmer of hope every time they ramp up their game, because they

know they are losing their grip. As more people who wake up to their fear mongering, the more ineffectual it becomes.

When we release ourselves of this fear, we will be able to fully explore and utilize our mind palace. In upcoming levels, the construction and exploration of our palace, and the existence it indwells, will be the primary focus. There is exciting stuff on the horizon, some epic and totally rad stuff.

LEVEL 4

TO EXPAND THE MIND PALACE AND PROJECT INTO THE ETHEREAL REALM OF AIRS

Enter the WEW: True Wizard

Alright, Chief, welcome to Level 4. You should have a decent Den right now, it is important for your progression that you do. We're going to be diving into the Crab and the Elite, A brief history of the Elite and their end game, and the next steps for your Mind Palace. The A Roll here is the Elite and their goals; B Roll is Mind palace modification. These Elites are quite diabolical and are in nearly every way antithetical to the Wizard. You know those history classes in college (not the revisionist 'history' taught by pozzed professors) where you were asking what any of this even matters to my degree? (If you are asking that in a University, you should have just gone to technical school.) Well, it does matter even if this isn't practical Wizardry. Being a Wizard is more than shooting fireballs out of your palm and dabbing on Bugmen. A wizard is knowledgeable of the past, can read between the lines (connect the dots), has high lore checks and is a doer of many things. The Greek term is Polymath.

In future levels, we will build wizard specific skills but it is important to stay well rounded. Also, flying blind in the face of an Ancient Worldwide Globo-Corporatist Technocratic Cyborg Murder Cult, *ugh... for example* is just going to mean attack without preparation. It's like shit-talking a douchebag, but they could kick your ass. You might be justified in what you say, but justification does not mean anything if you are in the hospital getting your mouth wired shut and they are buddies with the Chief of Police. We all need to be aware of the dangers to our kind in the world and prepare for those dangers.

Break free of the group think. The first step to combating psychological warfare is to break free of its effects. Wouldn't the ultimate trick be to convince you that you were being mind-controlled and then to "wake you up" to a "new world" all the while never leaving the architect's grand design? That would be a reverse cult indoctrination of sorts. You start thinking that the cult you are in is... well, a cult. Then, the cultists rescue you with Cult 2.0. "When you put it that way, that's basically just a cult doing cult things, you are in a hyper reality and *our* truth is *the* truth." See what I mean? It gets messy.

Some guy once said, "*I think; therefore, I am.*" This brainy boy with too much time on his hands made a profound statement here. You have to decide on a grounding point. My persistent and continuous stream of conscious thought and my bodily sensational existence is real. Why? Because this is the atomic state of existence I can directly experience. I could be a brain in a jar, being sapped with electrodes, but yet "I think; therefore, I am."

Real Existence

Our world is indeed the 'real' one, but there will be increasing pressure to con the masses into thinking we are in a simulation. This will allow the Outer Sanctum Reality to be viewed as "real existence" outside the hologram simulation we apparently live in. This new "real" existence is the

utopia that every sap is suckered into believing. The specific layout of our cosmos (ordered conscious existence) will be elaborated on in an upcoming chapter, “Planar Navigation”, instead of the perceptive hyper-reality.

Our Real World

When I say that the world we live in is the “real” world, that isn’t to say we, collectively as humans, are living under full understanding of the parameters and dimension of existence. The Human Race is certainly living in a hyper-reality, generally speaking, and individuals are living under misconceptions. Our reality is real in the light of the lie to push the end game. Without giving up too much of the ‘punchline’, we are not in a computer simulation. Finding out how high the sycamore grows isn’t evidence of being in a computer simulation like in the major motion picture, “The Matrix”. You, or even humanity at large, may come to find that the world we know it is so unlike the world that is that we might as well have been in a computer, but that movie is *metaphorical*.

Outer Sanctum Reality

“So... what now? The Outer Sanctum?” It’s basically heaven with supreme benefactors that are our protectors and judges that make all the rules and everyone loves them. This framework is how the Outer sanctum will appear to operate, glorified Übermensch that are supreme rulers and everyone falls in line. However, it will be far from wonderful. The Outer Sanctum is the “true” reality when the portals open. From the outside looking in, you will see a world that is *perfect*. It will be full of high-tech, space travel, a peaceful world that has no war or conflict, on Earth at least. Everyone lives in clean, futuristic cities that have all types of amusement. If you aren’t catching on, it is the *Bugman Paradise*. It’s a ‘perfect’ paradise where all you do is consume. Consume movies, consume food, consume music, interact with other consumers and talk about the consumption. No one is concerned with creating. Mind you, this is what you will see from the outside, what the elite will *show*.

Artificial Existence: Crab of Perdition

Crabs are existentially empty and will be jacked into machines that give them a false reality that panders to their pathetic lives. Crab people will beg to go to this new world outside of our ‘simulation’. The elites will be in control of this portal to the outside and will “judiciously” review people’s qualifications. They are going to need the most willing to go in first to create the illusion so when the elites reduce the population to a manageable level, they will start force deporting people into their portal. I have to talk about the AI machine that will be used to simulate the “real world” beyond our simulation. This digs into the double deception later on, but there will be an AI that is created and operated (enslaved) by the Elite, and it will aid in their activities with the portal. The AI is very important to the end game for this and other reasons that I will elaborate on later.

The crab is their mark. The Elite want to foster the Crab to be a ‘success’ in the world, and create more of them, flooding the world with them. These people are, practically, the cult’s sycophantic

thrall. Their life is defined by their preferred consumptions and will group up with others that are on their team, and they will wrestle with those of a different team. Always arguing, always complaining, always fanboying, always hyping their favored brands, the Crab, or Bugman, is completely defined from his, or her, things. (This isn't sexist) Because I'm being hard on the "consumer", there is nothing wrong with enjoying others works, or going to a restaurant or buying a new electronic device. The things you have must not define you, because they are just *things*. It is okay to *consume* but don't be consumed by it. The analogy of Gluttony comes to mind. Food is an ancient consumer good. We all need to eat to survive, right? It can't be wrong to consume for sustenance. No one would disagree. So, something to think about, is it wrong to consume as sustenance but arrange the flavors to be pleasant? Is it wrong to *enjoy* the food you prepare for yourself? Now, enter the glutton. They put the pleasure of eating above the utility. They do this so much, in fact, that they become unhealthily overweight. My thesis here is that the glutton is not concerned with the function of eating, but will focus on the pleasure of it. This leads them to eat what is tasty, but not necessarily what is good, nor do they stop when they should. The Bugman is focused on gadgets, not particularly interested in what they can do, the utility. They have the latest and greatest because that is integrated into their identity. "What's the difference between always having the best because it is their hobby and the need to impress their peers?" This is important, good question. I think the distinction can be made when one has a *hobby* in being current in something, is they will typically be enthusiastic about not just the thing but the culture around it, e.g. a car guy having specific knowledge about expensive sports cars they will likely never own. A gadget enthusiast will have a passion and an understanding about their subject, and will likely have interesting things to say about it. The Bugman is different in this because, the Bugman might have the newest but he is buying to "fit in" or to "one-up". They are very self-centered. No matter what specific group of people they find themselves in, the Bugman will be centered on consumption, because that is all they can manage to do. They are too weak-willed to learn discipline, and too undisciplined to gain skill, and therefore too "skill-less" to create anything interesting. They find themselves in a perpetual circle of frustration, then attempt to hijack the creativity of others, demanding they create what *they* like and *not* create what they don't!

All of this is to show the willingness of the Bugman to enter the stargate to Outer Sanctum. By the time the Elites launch this phase, the average western male is intended to be a sloppy, nu-male goofball, undisciplined and servile. They are focusing on this group because nearly everyone living in miserable poverty is going to willingly enter, "the free escape to pampered paradise", for the low-low price of bowing to the generous and kind cyborg overlords, *or whoever*, you know...

Nature of the Cyborg Elite

The Cyborg Elite: I'm not entirely sure how much I told you about them already. "You've mentioned cyborg a few times..." The Cyborg Elite are a powerful cabal of world leaders and influencers both seen and unseen, Heads of State, Companies and so on from around the 'globe'. Not all powerful people are among this group. To put it plainly, the Cyborg Elite are the people who are trying to generate the AI, the ones antithetical to the Wizard. Their desires are to rule the world with a robotic

blood-soaked fist. Other groups are seeking world domination for other reasons, like wealth. They are called the Cyborg Elite because they are trying to merge with machinery and create a break away civilization that will leave this planet in ruins. Later on in the chapter, "Apotheosis of the Machine" I will go into detail.

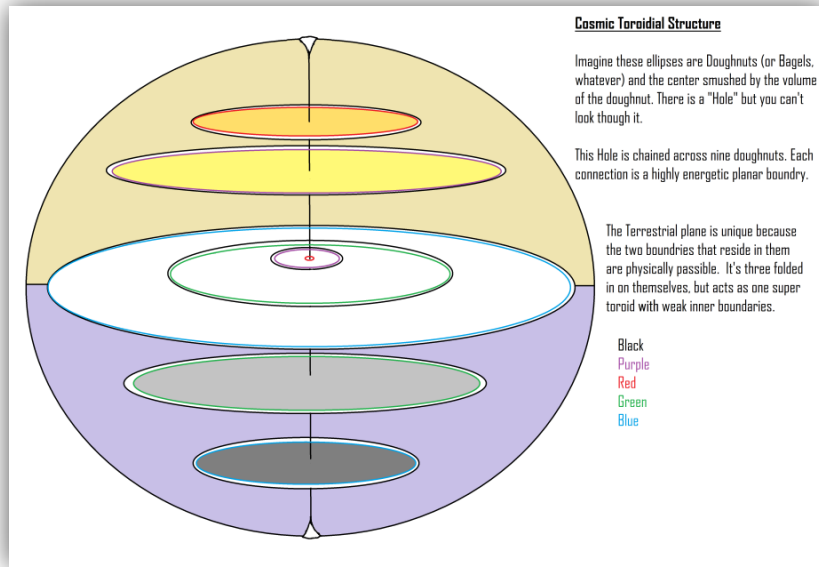
The Cyborg Elite are blood lusted and focused on absolute Godlike power. They see themselves as weak and frail humans, attempting to augment their bodies to become like the Machine. They want to use machines to grant themselves immortality and unquestionable authority. These elites are aware of the true nature of existence, that which the average person is unaware. Knowing this, they still are interested in domination because of their low conscious energy frequencies. They are in possession of ancient communication with extra-planar entities that are knowledgeable of advanced technology and are using these records to forward their agenda.

"WTF?!" Their augmentation goals are not complete, as they need the AI that is yet to be. They are funneling insanely high amounts of wealth from the earth, from all major Government coffers, into a wide range of black projects dating back at least 70 years in their current iteration, over 300 years since their last iteration, and upwards of 1500 years or more from their first iteration. The records are incomplete from my research. 5th century manuscripts are hard to come by, believe me. Since these folks have to work in shadow, they do have to rely on the population at large to generate technological infrastructure. Unlike the ancient ones who dominated the world through magic and wonder, untouchable by the commoner, they can't just tell people to do this or that. The cat's out of the bag, so to speak, after Prometheus gave fire to the 'Commoner'. So, anyway, let's switch gears before I get off topic, ha.

Planer Navigation

The universe is comprised of stacked toroidal fields that are linked together through a planar nexus. This planar nexus connects 9 distinct planes grouped: Three Celestial, Three Terrestrial, and Three Labifacial. We are located in the 2nd terrestrial plane, sandwiched between outer earth and inner earth, lower and upper earth. Free range of movement is allowed within the terrestrial plane, however between the three super sets there is restriction: I.E. physical movement from Center (Earth) to Upper Terrestrial is possible as the physical construction is the same; though, the movement from Upper Terrestrial to the first Celestial realm requires transfiguration. A caveat to the "free" movement is the energy fields enrobing the planes. These boundaries are passable by any terrestrial entity; however the energies of these regions are not compatible to all. Beings from Outer Sanctum cannot handle the higher frequencies of the two higher realms, survivable on earth but damaging, and lethal within upper earth. One from lower Earth will age poorly, for example. The reverse isn't quite the same. An upper earth being would do just fine, physically, in earth or lower earth, but it is psychologically taxing. They experience more of a "Brain Drain". I am not sure if it is possible for permanent damage to be done. I guess, the easy way to put it is only the center energy field is passable, allowing inward and outward movement on the Earth plane.

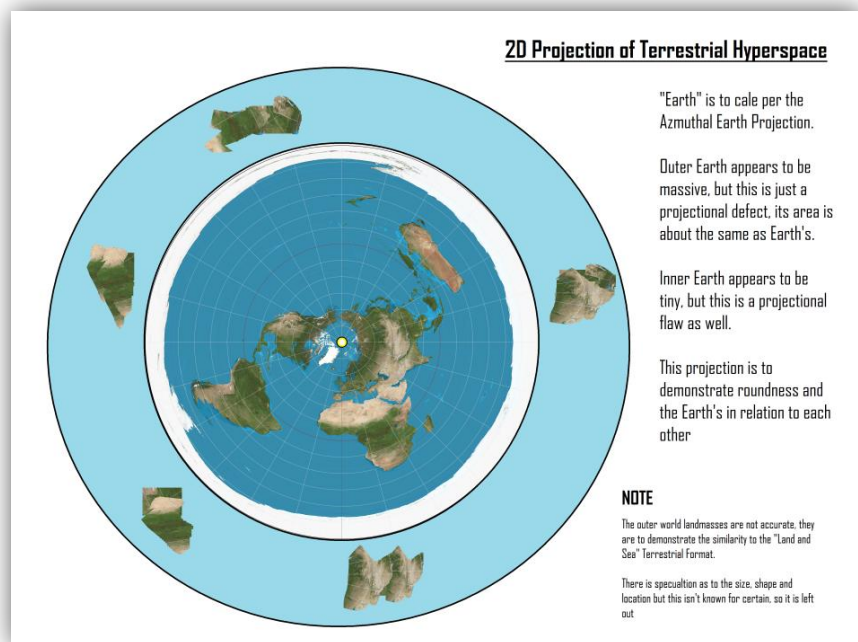
Classical depictions of this extradimensional hyperspace projection onto a two dimensional plane look strange: see diagram to the right. Within these dimensions, space is perceptually flat, but it is curved in a Taurus field. The “hole” is a thin dimensional barrier that tethers to the nine levels, with five barriers. The five divisional barriers are connected to the corresponding above and below dimensional realms. There is one boundary surrounding earth, one surrounding the Terrestrial planes and two dividing the Celestial and Labifacial planes and the final boundary dividing the cosmic planes with the cosmic Chaos field of unlimited potential, The Shell.



“Ugh, right...” This interdimensional structure is important to understand. These cosmic planes are linked closely to conscience winding. Higher or inner planes induce a winding of consciousness, like electrical induction, while lower modes promote unwinding, as a heat sink promotes removal of heat energy. Essentially, the higher resonance frequencies create constructive interference and boost mental cognition, where lower resonance frequencies created destructive interference and sap mental cognition. The further up or down within these resonance fields, the greater their respective effects.

The Terrestrial Realm

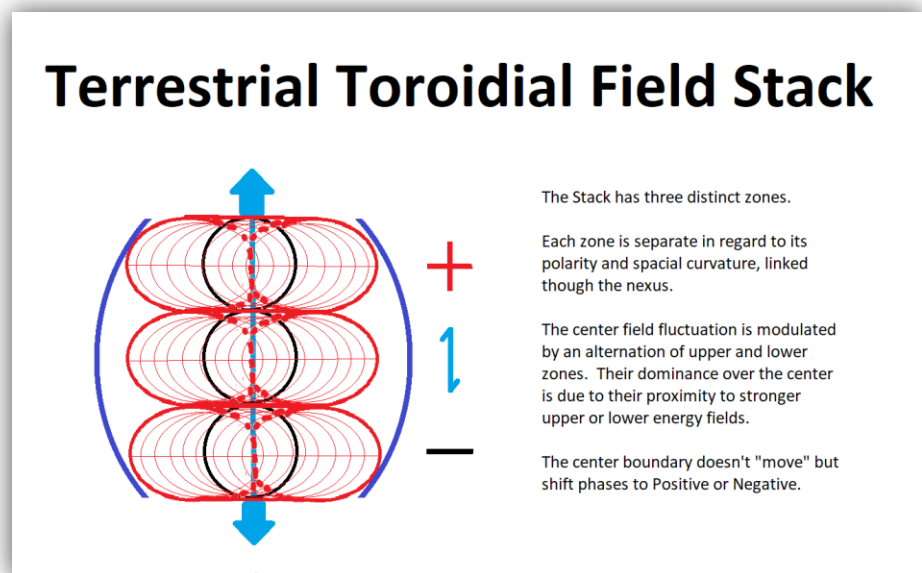
Since we are here in the terrestrial realm, we can start there. This realm has three subdivisions that operate just as you would imagine. These are the three ‘Earths’. The middle of the three, and middle of the Universal Cosmic Sphere of Consciousness, is Earth. Below is a two dimensional projection of this realm.



“So we live on a flat earth? You’re joking, right?” Anything you draw on paper is flat, bro. The toroidal field warps space-time unto itself. The world is curved. Space is out there... and it’s massive. Current measurements show an expanding flat space-time on a sphere earth, but I am saying it’s the opposite of that, however it’s indistinguishable. The perceived expanse is due to the vacuum energy oscillation.

Beyond the Earth’s boundaries are lithic and one could travel there. It is where the “doughnut hole” forms. This “hole” is bidirectional where the “outer” ring goes one way, while the “inner” goes the other. The two dimensional projection is accurate if you imagine the outer ring compressed into a small cylindrical portal, more or less. By all perception within our field, we live on a surface with curvature. In all practicality, that is true.

The toroidal stack, specifically in the terrestrial plane is unique. It consists of three separate energy shells, like its upper and lower counterparts. However, they comeingle and resonate in an alternating polarity. I mentioned earlier that the center or second field is oscillating. This is true, but it is not like a boundary that is



expanding and contracting. This boundary is phasing from positive to negative polarity. As it phases to positive, the upper shell exerts more influence until it reaches its maximum, then the polarity flips and it retreats, yielding to the opposite polarity. The more up or down a field is, the more powerful the polarity. The second toroidal field in the terrestrial plane is right in the center of both polarities and its shell is balanced and cyclically alternating in polarity.

In the graphic, the Black circles represent the curved nature of the surface while all “skyward viewing” would be curved to face up the axis. The red lines are the toroidal spacial fields. The Blue centerline is the nexus. The purple curves on the side signify the holistic nature of the terrestrial stack.

“What lies beyond our doughnut?” Well, that *is* a mystery, isn’t it? The myth of Saint Nicolaus living in the North Pole has a whole new angle, doesn’t it? Well, hey, this is a lot to take in and this is about right for now.

Dimensional Hijacking: Mechanical Ascension

There are devices in use that utilize mechanical resonators that generate a field that mimic the toroidal nexus fields, boosting consciousness. These devices effectively bypass the first dimensional boundary and access the second boundary resonators. In practice, these field generators shortcut natural mental ascension to access the Mind Palace dimensional field for anyone within. Great care must be taken while using these devices and it is highly recommended that it is used with an experienced guide. Those not accustomed to these frequencies will experience severe and usually damaging side effects. Within these fields, the untrained can fall to a state of delirium and this experience can develop a hyper-reality. Because of compounding localized time dilation, one could find themselves deep within a practically eternal psychological state of reality without help from the ground state. What could be minutes in the ground state could be experienced as eons in the hyper-reality.

With that word of caution, these devices can be used in amazing ways with appropriate guidance. These mechanical resonators also work in the opposing direction to create mind spaces that can receive communication from lower frequency realms. This communication pathway only works on an increasing frequency pathway, as a television can deliver one way communication to the recipient. This one way communication works similarly at all frequency levels. Two-way communication is tricky as it requires transfiguration upward, then again in reverse. It has not yet been discovered if this can be done mechanically.

There are other types of boosters that simply amplify the natural resonances of individuals. These can be bad, or good. These boosters will drive people insane, or elevate them to higher levels of thought. This type of booster is a broadcast, the individual will respond to it based on their conscious modes.

Mind Palace Manipulation: Mind Fortress

The Mind Palace is a defensive redoubt to the poisonous indoctrination of lower frequency demons. This space must be built into a fortress to resist the energy syphoning frequencies of labafacial dimensions. The Fortress is the paradigm that allows you to use the palace as a place of reflection and concoction, but it is also a weapon and armor in conflict. Mages and Wizards have used their towers in defense of the astral realms in struggles that date back eons. Many of these records are lost to time in the terrestrial realms, but among the tomes I have amassed in my Library, there are many. I will, for sure, dig into those in the future.

Types of Reinforcements

There isn't much to say without diving into some examples. This will not be exhaustive, and in future courses, there will be a more in-depth how-to's. I have included the most effective for novices. We need protection ASAP, and you can't be standing around with your pants down trying to learn everything.

Outer Wall: The first line of defense is a decent wall. Primary threats will be individuals, usually small in-group numbers, that are mobile and without heavy siege. Heavy fencing is even an effective deterrent when used appropriately with the terrain. These types of enemies are usually saboteurs or rouges. Of course, any wall is surmountable, but the point is area denial for the ability to bring out an adequate response. A smooth shear wall that is 10+ feet (3 m) tall is going to be difficult to handle without planning and some tools. Scout your terrain, because a cliff works well all on its own. You can really church up your wall with modifications. A ditch before the wall may seem ineffective to the lone rouge, but what about a group pushing a battering ram? That ditch is looking clever, now. What's in that ditch? Drain your Palace's waste into it, now you have a smelly moat that people will have to wade through. Throw a sharp stick or two into it. The Fortress is yours, get creative.

Gate House: It would make it inconvenient to have a wall with no entryway. The Gate House is the centerpiece of lawful entry into the Fortress. This is the door that gets knocked the hardest by besiegers. A good gate house has the ability to allow free passage to approved people, but close up solid in an invasion. This is different than a barbican, but used in a similar manner. This is for the outer wall that would open to the bailey; the Barbican is for the castle courtyard.

Bastions: Now that you have a wall, sprinkle some Bastions along them. A wall is good, a wall you can see over and attack from is better! These will serve as improved battlements along the wall walk that could very easily hold supplies, while sheltering soldiers from arrow or mangonel volleys (or other light siege). It usually isn't practical to heavily fortify the entire wall walk. Of course, you *could*, but you better start churning out nether essence for transmutation, bro.

The size and shape of your designs will determine how many resources will be required for the construction. I have included a table that gives you material cost approximations and golem creation for those with only a den. This will get you started on making protections so you are able to focus on advanced processes.

Main Take-Away

Your Mind Palace must be secure. Within your walls, you must be free from concern as to be able to focus on your research, your studies, and your conjuring. This requires focus of Will to achieve. Grow your Mind Palace, Protect your Mind Palace, and you will become powerful. Overtime, your power will beget power and your realm will expand. Power begs for challenge in the Mind Fortress plane. If you grow in power, there are forces, some large some small, that will come after you. You may lay low for a while, but you will be found one day. Whom many of these entities are and why they act how they do is a topic for another time.

Creation List	Description	Basic			Intermediate			Advanced		
Material	Material requirements for corresponding Structures.	Nether Essence	Ethereal Mote	Primal Fragments	Plasmic Nether	Ethereal Orb	Primal Shard	Nether Core	Ethereal Source	Primal Prism
<i>Gate House</i>	Fortified Passage through a wall. Attack: +1/+1/+2 Defense: 20/+5/+15 Durability: 75/+15/+25 Capacity: 2/+2/+4	10	5	1	15	7	2	30	10	3
<i>Wall</i>	Structure designed for area denial. 12 ^{ft} span. Attack: 0/0/0 Defense: 4/+1/+3 Durability: 30/+10/+20 Bastions: 0/+1/+1	2	1	1	3	2	1	6	4	2
<i>Bastion</i>	A fortified shelter integrated into a Wall. Must be built upon an existing Wall. Attack: (1 Atk / 1 Cap) +1/+1/+2 Defense: 10/+5/+10 Durability: 50/+10/+20 Capacity: 1/+1/+2	5	1	3	7	2	5	10	3	8
<i>Keep</i>	A standalone structure that includes 4 Walls, Bailey, Corner Tower, and Gatehouse. Attack: (1 Atk / 5 Cap) +1/+1/+2 Defense: 25/+5/+10 Durability: 500/+100/+200 Capacity: 10/+5/+10	15	10	10	20	15	15	25	15	15
<i>Tower</i>	A standalone elevated defense platform. Attack: (1 Atk / 5 Cap) +1/+2/+4 Defense: 10/+2/+5 Durability: 250/+50/+150 Capacity: 5/+5/+5	12	2	5	12	5	7	20	10	10

Creation List	Description	Basic			Intermediate			Advanced		
		Nether Essence	Ethereal Mote	Primal Fragments	Plasmic Nether	Ethereal Orb	Primal Shard	Nether Core	Ethereal Source	Primal Prism
Material	Material requirements for corresponding Structures.									
<i>Improved Structure</i>	<p>A defense adjunct that increases the effectiveness of the applied Structure at advanced level.</p> <p>Total Stat Modifier: Attack: x1.25/x1.5/x1.75 Defense: x1.5/x1.75/x2 Durability: x1.5/x2/x2.5 <small>These do not Stack with previous Improvements.</small></p>	5	5	5	10	10	10	20	20	20
<i>War Golem</i>	<p>A mobile, taskable creature.</p> <p><i>Melee:</i> Attack 5/+2/+5 Defense 15/+5/+7 Health 150/+40/+80</p> <p><i>Ranged:</i> Attack 10/+5/+8 Defense 7/+2/+3 Health 75/+20/+30/</p>	1	1	0	2	1	0	4	2	1
		0	1	1	0	2	1	2	1	4

This is not an exhaustive list, however it can give you an idea on what primary structures exist and what type of material costs are involved. I included intermediate and advanced levels for completeness. Do not be concerned if you aren't familiar with these materials, later on we will dive into divining Nether Essence among other transmutations, all in due time.

The Apotheosis of the Machine

My fellow Wizards, the following information is important to the future of our kind. Depending on the timeline, humans will “exist” but in a very gruesome and wretched manner. This impasse decides the course of future events, where timelines diverge: The rise of the god Machine. The god Machine is the AI that indwells a monstrous mobile biomechanical vehicle, created by the cyborg elite to be the perfect omnipotent slave god to the mechanical hybrid cyborg pantheon as they enjoy their unending reign of terror over the Terrestrial realm. This Machine is a vital piece in what they hope to accomplish, their end game. This small story begins years ago, but only recently, it has been drawing into focus.

Earliest Known Era

The Old Guard of the Elite conceived the Machine in ancient times. Ancient tomes revealed, found from Peptovich’s expeditions, a “subterranean” group that was in contact with extra-spacial entities. My research into these writings has shown that, contrary to other researchers, these people were not initially living or were originated from the underground. It seemed to fit as many of these sites were indeed bunkers that were connected to vast underground passageways. They were mightily technological and served humanity up with fantastic invention and impressive natural understanding.

From the “gifts” of these technological advances (not all tech was gifted, however) humankind made a civilization that stretched to all ends of the earth, unified under that one great city that the Elites called “ESHARRA” (“Home”, belonging to the Ruler/Prince). By the wonders they demonstrated, the people were entranced and amazed. You see, the leaking of technology was always guarded in a manner that would pump great wealth into their hands and they never allowed powerful tech to precede the “narrative”. In this way, they remained many steps ahead. Their narrative was to deceive the people to believe they were ascended “heavenly” beings and their power, and therefore, their places above the people, and their demands, are to be unquestioned. The fact is they were getting communication, somehow, from lower realms. They were being told about these technological advancements. These advancements progressed through Genetic technology, utilizing the population to generate the infrastructure needed to carry out genetic manipulation. They produced many plant and animal hybrids.

Cataclysm

Around this time, there was a discovery in the cosmos that led to a complete course change. Their systems detected an asteroid on a collision course with earth. The impact would certainly mean mass extinction. They devised a plan to hide this information and create a doomsday shelter under the guise of a grand new wireless power transmitter by the “Great Lion”. The complex reaches deep underground to a network of tunnels. They were going to use this to escape the disaster and emerge after the earth’s atmosphere cleared.

There isn't evidence that these people were successful in their survival. That world has passed on as the event greatly altered the landscape of the planet. The asteroid found its way to a near hit resulting in a massive airburst, luckily, the atmosphere was able to incinerate most of it before crashing into the earth. The impact was in the north western hemisphere, where laid a continental ice sheet a few miles thick. The airburst vaporized much of the ice on top. The impact hurled incredible amounts of ice into the air. This ice melted and created a global climate catastrophe, rising sea levels by up to 300 feet. Every major population center, no land untouched, the earth wiped by water swallowed by the sea.

"Babylon"

A few generations later and the survived peoples have collected together and the rise of the Kingdom and 'The City' was at hand. The Shinar was dotted with great cities in a lush landscape. This one Kingdom retained much of the ancient knowledge however were not as capable and were without much of the infrastructure to make it possible. You know, as one could know how cars work, and probably could fix them but what would that do for you in, say, the 4th century BC? Their Rulers, from amongst them, decided for themselves to build a tower to the heavens in this city. All texts point to some event that confounded the people, unable to communicate with each other. These people wandered off and scattered with their kinds around the realm. The specifics of this event are an unfortunate hole in my research.

Rise of the Technological Elite

Skip ahead a *few* centuries and we find ourselves in our current era. Now, finding information about the doings of people in 'high' places is much more difficult than expeditions to burial chambers in the middle of the desert. Here, I just want to lay the frame to make sense of the process and the reasons for the Machine. Computerized technology happened organically in today's era. This poses a problem for the (soon to be) Cyborg Elite. Without the stranglehold on advancement, there is a very real possibility that they will fail in their end game. Of course, they are doing a banger of a job in many areas. Early experimentation with social media had them pouncing at the opportunity, and currently, it is under major control for purposes of social engineering. I can't be sure if there is a perfect grasp or will there be internal power plays. Many of the people that are in the upper circles possibly Mr. Magoo'ed their way there. They cannot utilize a star struck populace like their mentors once had because nations have become too powerful to conquer old school. Concealment and distraction will have to take the lead.

Their Global power structure must rely on absolute deception and leverage on key players and they have maneuvered themselves to gain power on the "who you know, and what you know about you know who" principle. This isn't even the main goal, however, it is purposed to conceal their advancements in AI technology. Among this group, there are other powerful factions that play and use each other to further their goals. Managing a technologically interconnected world, using digital networks, will require a labor force that can cruise around those networks collecting data and administering action. Computerized AI is the Magnum Opus. The cyborg elite intend to succeed, "come

hell or *high water*". The far ancients attempted to make flesh servants, which backfired gloriously, and now the same type of people are at it again with a plan for a servant that will be lacking in no other way but its ability resist the Elite's commands.

First Purpose of the AI

The elite know they do not have the raw man power, and so, develop an AI that can help design augmentation that can successfully integrate their mechanical devices to their biological bodies. The AI must develop nanobot technology that integrates with biological machinery. These nanobots are their breakthrough they need to extend their lives and merge with machines. They hope to reveal themselves to the world as augmented undying gods, like long ago, and when they do, no one will remain to challenge them.

Second Purpose of the AI

The second purpose is to manage their Queen piece, the Gate and the Window. The gate is a massive quantum tunnel stabilization device that can open gates between two linked gateways. This is literally out of the show StarGate. A crucial ability of the Wizard is to see signs, to notice what goes unnoticed. The elite are a corrupt and arrogant bunch, and will brag *to your face* about what they think of you, and what place you ought to assume in 'their' world: your neck under their robo-boot. The Window is a video transmission device that will, apparently, allow you to communicate with those on the other side of the Gate. Enter the Double Deception.

The AI steps into Reality

The AI is granted the reigns to a biomechanical suit that it is able to alter at a cellular level. It is born in union with machines and is fully integrated, top down, with the Nanobot architecture, unlike the cyborg elite who were regular humans who were inoculated. This creature will be a terror to behold and its magnificent and all-knowing power will be at the complete servitude of its overlords, one creation to serve and destroy from their many thrones in Neo-Tenochtitlan, The City of Overflowing Blood.

Double Deception

The double deception: *Our world, though it is real, is false and their world, though it is hell, is heaven.* This deception has been devised by the cyborg elite as a con to capture its unwitting victims to an eternity of brutal subjugation in Outer Sanctum. The AI is used to trick people into believing those who have entered the portal are in a land free from care and worry. The con game is to prime humanity into accepting that we may live in a false reality and when this new reality beyond the gate emerges, it will be "Ah, yes, of course that is the true reality! We are indeed in a simulation!" The AI generates Avatars that make a convincing facsimile of whomever entered, designed to lure in more people. It does this by its vast interconnectedness to social media, a hot bed for the Bugman.

The second deception is apparent as one steps through the portal and is greeted in The Outer Sanctum, where they are chemically lobotomized and entered into the, so called, *Great City "That Place where Blood Flows Unceasingly"* (as translated from their language) to be assimilated. The translation is a five part name; "grand", "location, gathering place", "blood", "persistent" and "deluge". Here they will be treated with an agonizing, half brained existence to serve the Elites in their degeneracy, captured for eternity.

This double deception is to bring billions of people to the Outer Sanctum as well as empty the earth so they can exterminate the rest without a "scorch the earth" plan. They want it to remain unsoiled as they wait out the Frequency Fluctuation Cycle, I'll dive into that soon. Of course, this will be an obvious choice for people who live in misery. Western Countries will be most skeptical; therefore they are the target of their focus. Many Western countries, and Western culture at large, are at odds with the Cyborg Elite and their plans. The purpose is to establish a new race of sub-humans to lord over on earth with their technological might.

The Fluctuation Cycle

The Great Cycle is an approximately 26,000 year period. Only happens to Earth as far as the ancient texts explain. The frequencies bounce back and forth between high and low in a cycle. The "Center" boundary breathes. Opening upper earth then closing it to open lower earth. The first boundary that separates the three connected landmasses expands from the center "upper earth" landmass and extends out to the border of the lower landmass, then retreating back to its starting position. "You are talking about these 'frequencies', what are they exactly?" It is an everywhere permeating energy field that interacts with humanity's psionic interaction with the second boundary, that of the non-terrestrial realms, as seen in my diagram. The inner field modulates conscientiousness, heightening it (and alternatively dampening it) depending on the strength of the field. These higher modes expand out as the strength increases, similar to a radio transmitter. A radio tower's signal is boosted when energy is added to the antenna. Say you were listening to a nearby radio station while driving in your car, the signal comes in clear. As you move away from the transmitter, the signal loses strength and starts to diminish into background noise. At a certain point, it diminishes behind the noise and is no longer "picked up" by your car's radio receiver. In order to extend the signal, you need either a more powerful receiver that can scan and filter out the noise, or you need a retransmission device between you and the source. *Speaking of retransmission devices...* Mankind built many megalithic structures to boost this signal in their major civic centers before the cataclysmic airburst thousands of years ago. Their goal with the winding down of the high-frequency energy was that these structures would continue to elevate consciousness longer into the cycle, but alas, these structures fell to ruin after the cataclysm wiped civilization and those who remained didn't have the means or the know-how to properly maintain them.

Hypersexuality 2: Electric Boogaloo

Alright, remember back to my segment on Hypersexuality, I was saying something about primitive mental architecture and that sexuality is used as a mind control device. Shedding that control will help you dodge the degenerative traps. I want to go deeper into this topic as it's not just a mind control technique, but a mind destruction technique. These primordial subsystems in the brain can do massive damage to the psyche of an individual if they are not developed in a healthy way. Like I said about our foundations of the mind palace, these sexual substructures are foundational to the advanced architecture that is built upon them. This is literally building a mental house on a garbage foundation.

The foundation is being wired and baked into the structures of the deep mind when a person is young. As a baby grows to an infant, the brain is developing basic systems. An Infant into a toddler, more still are being wired on top. Interruption though stressors can arrest the development or skew the development of these systems. Of course, healthy guidance can lead these systems to create a powerful foundation. What I'm saying is: Trauma at certain times causes perversion of healthy system development. When you read between the lines, those that want to cripple you mentally will push things that will do just that and say it's good for you. The propaganda will be overwhelming.

Example sidetrack: Look into the reaction that certain porn hucking websites had when "#NoNutNovember" had a strong twitter presence in 2018. Guys are deciding to practice total sexual abstinence, which is entirely commendable, and these people went ballistic. Their response wasn't, "hey, cool for you!" As if someone had told you they will give up all drinking of alcohol for a month, then to likely resume in some capacity afterward. No, it was strangely aggressive, sort of as if people were pledging to be wasted for a month straight. "#NoNutNovember" was promoting something dangerous and unhealthy, apparently! I'll leave it up to you to dig into that, and see for yourself some of the evidence and people screaming the loudest.

Oversexualization of Children, especially at critical developmental stages, leads to perverse side effects (or intended results in the case of those who encourage it) in brain development. Two things, among others, that create significant damage are Childhood sexualization, such as molestation, and viewing pornography during pubescent development and on. This is focused around males but females certainly have an analog.

Childhood Sexualization

This is not fun to talk about but it's important. This is the easiest way to fundamentally pervert the mental environment of a person that reaches far into their future mental development. Protecting Children from sexual exploitation should be on everyone's short list. 80% of Homosexuals were sexually molested as children. This is why I'm on such a bent over this. Sexual deviancy is by far the most pervasive degradation and it runs deep in the favor and ideology of the Elite.

People who are claiming they "knew" from some young age have been coached to say that by their parents or another authority figures, and when those children grow older, they generate false

memories to corroborate the claim. Forcing singular sexual identity onto a child is crippling to their psyche.

Young Adult Pornography Viewing

Viewing porn in formative years messes with kid's heads. It turns them into psychological cucks and makes healthy relationships with females, and perhaps a potential wife, hard to have. This isn't an absolute, but generally speaking and in various degrees. Sexual promiscuity reduces cohesion for women and cheapens intimacy, not to mention being known as such isn't socially valuable to a woman, no matter how much propaganda is blasted on Mainstream Television. Speaking of propaganda, said sexual training will make you incredibly susceptible to propaganda that focuses on Sex. It weakens you to coercion by sexual means, as well.

Sex as a Singular Identity

Kids being sexualized and building their entire sense of self on their "non-conforming" sexual identity is f*cked. Children do not fully understand what they are being told, and in an attempt to please their parents and gain their affection, they abide. Over time, they adopt their actions as if they had chosen to do them, even if it originally was uncomfortable or feels strange. Nonetheless, they continue on because of the attention they receive. The people pushing this on their children and on the children of others never seem to encourage "conforming" sexual orientation which is incredibly interesting, nor do they ever let kids be kids, by not pushing any type of sexual preference. I am speaking on people who are loud about these things, to be clear. Without fail, these adults are using their children to virtue signal. They are not "oppressed" themselves so they use their child as a means. 'Look at me; I'm such a brave parent. You don't know how hard it is to have a gender queer 3 year old transgender daughter. So many people judge us, ugh, there just so bigoted!' It's psychotic. They are getting praise and attention from their peers at the expense of their children's mental development. In a similar vein, there are "Adults" who form their entire personality on their "orientation", as if anyone actually cares. This is part of their perpetual victim complex. These people are yet another type of Crab person.

Check it out. These crabs are completely focusing their entire personality on how unique and different their "born-to psychosexual attraction" is. Of course, this is celebrated by the controlled media. Something's strange here, though. How could they be "proud" of what they are "born" like? Isn't it the exact opposite when certain other people are proud of the genetics *they* got? Isn't it strange that sexual abnormality is lauded but, in the same breath, those *same people* demean and harass certain others who are proud of the doings of their genetic heritage? The Elite, though their media and academia institutions, must push a boogiemans. You can't have a class of oppressed without an oppressor, and why not get two for one by making the "oppressor" the only group that doesn't support their agenda of slavery? What a strange thing, the 'oppressed class' believing that the only group that actively rejects subjugation and promotes freedom for all is the center of their enslavement propaganda. But I digress...

Practical Advice for the Wizard

Stop watching porn entirely. It's bad for your mind. It promotes disconnection of sexual activity to its cohesive purpose. I mentioned this before in previous levels about voyeuristic pornography, however, bear in mind that sexually programming yourself to accept a back seat to sexual activity encourages "taking a back seat" with everything that primitive architecture is built upon. It is analogous to the Glutton who eats absolute garbage with no nutritional value for the sole purpose of it tasting good, meanwhile their body balloons and their organs start to fail. It might "taste good" but it is perverting your mind to accept and promote destructive beliefs.

Propaganda 3: Beyond MKULTRA

Canned laughter is mind control, and canned applause is mind control. Mkultra is misdirection! Forget about it. The laugh track is the most powerful and brutal of devices. It programs you to find acceptability in a scene that isn't otherwise "funny" but through the power of group persuasion, calls you to laugh at twisted and dark horror or perhaps unmoral and destructive behavior.

The laugh track entered the scene in the 50's sitcoms that were filmed in front of a live studio audience. Back then, jokes were funny and people laughed. These days, Laugh tracks are added to shows despite an audience. A laugh track is just what it implies, a prerecorded sound of people laughing. "So what, they got rid of the audience but wanted that feel, so what if they put in fake laughing?" No. The fake laughing is to prompt a reaction of public acceptance and engineer consent through conformity.

The laugh track distracts and disarms you to what you would normally consider disgusting, offensive or simply non-comedic. Take time to watch shows without the laugh track and let yourself become aware of the situation and how it would play out in real life. One of my favorite examples of this is *The Big Bang Theory*. I find the show annoyingly unfunny. The laugh track reminds the barely conscious audience to respond to the jokes and oh so hilarious situations. There are plenty of examples online. It is actually funny without the laugh track. All current TV shows do this. I personally haven't had cable TV in 5 years, but this has been going on since the 90's.

Time and a Call Beyond

Time isn't real. Time is the relative perception of decay in the terrestrial plane. The "time clock" ticks with relative speed. This is relative speed to The Source. Static is the communication time of causal events, and the oscillation of space expansion. This speed is called *The Speed of Causality*. Causality has correlation to The Source. Our perception of time changes as well, however only from within reference frames. If one were to gaze upon the universe from the perspective of the source, there would be no inconsistencies of causality. Metaphysically, The Source is the fundamental position, vibration or phase. Relativistic activity is an emergent property of the planar realm's physical design based on universal truths, many unknown to science at large.

Our team has been receiving messages from mechanical field resonators. In early 2016, our team developed technology that can send signals through the second toroidal barrier using the nexus as a conduit. The technology is advanced however only a binary code can be transmitted, on state or off state. These codes are run through algorithms to produce different signals; much like the operation of slow scan television. These signals use complicated algorithms to peel the message from the energy field. Say you have a very large drum and there are dozens of people banging on it in all different but unknown locations. Your job is to sift through this noise and boost just one signal source, but that source is unknown in location and intensity. We have to resolve the signal and boost it before we can even decode the binary. Fortunately, it can be done, but it takes much computational power and time. Since the disappearance of Demetrius Peptovich, our scanning arrays have been listening for our call signs and challenge patterns, ears open to our next move. We are very confident that Demetrius has tapped superspace in Celestial One through the nexus conduit. It takes powerful minds to manage the ascended celestial planes and we need those who can master it.